



1095 N. Briggs Rd.
Middleville, MI 49333
(888) 909-2267 or (269) 795-9163
fax: (269) 795-1629
www.campmanitou-lin.org

Outdoor Education Information Packet



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Thank you for your interest in our Outdoor Education Program. First let me share with you the highlights of our program.

- Curriculum- Our curriculum is designed to be a hands-on, fun way to learn and experience educational topics. Along with the curriculum, staff is always working with students to incorporate teambuilding and leadership skills. Focus is placed on self-esteem, problem solving and a personal commitment to themselves and their classmates. We can also design curriculum to compliment your school courses.
- Staff- Camp staff is trained to teach environmental and adventure based curriculum. They are energetic, committed, and caring people who want your students to gain the most from their camp experience. Our staff will lead all camp activities allowing teachers to relate to their students on a different level.
- Facility- We have 160 acres located on beautiful Barlow Lake. Guests stay in the comfort of our heated, carpeted cabins. Each cabin has bunk beds complete with bathrooms and showers. Total bed capacity in camp is 225 with a winter capacity of 150. We have a 20,000 sq. ft. lodge that serves as our dining hall and program space. Our indoor high ropes course and climbing wall enables your students to still experience camp in inclement weather. Coupled with multiple classroom and research areas, camp serves as a great educational venue.

I strongly invite you to tour our facility and speak with me regarding our program. If that is not possible, I am interested in coming to your school to speak with you and your colleagues regarding YMCA Camp Manitou-Lin's Outdoor Education Program and how it can fit the needs of your school.

Dates

YMCA Camp Manitou-Lin is a year-round facility with dates available throughout the calendar year. Please call camp at (269) 795-9163 ext. 9224 to ensure the dates that best work for you and your group are available.

Outdoor Education Classes

Adventure and Team Building

Group Initiatives
Teams Course
Orienteering
Gold Rush
Outdoor Living Skills
Survival
Choices & Challenges
The Beast
Rock Climbing
High Ropes Course
Pamper Pole
Zip Line

Living History

Pioneering
Fur Trade
Native American Life
Lumbering

Recreation Classes

Archery
Horseback Riding
Horse Sense
Canoeing/Kayaking
Snowshoeing

Environmental Education

Terrific Trees
Insect Dissection
Stream Studies
Forest Ecology
Birding
Water Cycle
Populations
Super Senses
Tracking
Winter Wonders

Evening Programs

Capture the Flag
Action Auction
Boof
Predator Prey
Sensory Night Hikes
Creative Dramatics
Mock Olympics
Creative Problem Solving
Stock Exchange



Class Descriptions

Availability

S=Spring W=Winter F= Fall

Adventure and Team Building Classes

Group Initiatives- (S, W, F)

An educational and exciting class where students are faced with a series of group challenges that require a combination of teams skills and individual commitment. Discussions on leadership, team effort and problem solving skills follow each activity. Our trained staff makes this class a great addition to any group that would like to work on team building.

Teams Course- (1 or 2 class periods) (S, W, F)

Students in this class will venture through a series of challenges, which can only be accomplished when the group works as one. Teamwork, communication, trust, planning, and problem solving will all be necessary for the group to succeed. A great part two to Group Initiatives.

Orienteering- (S, W, F)

This class teaches the basics of compass use. Students will learn about maps, pacing strategies, and basic calculations. Once comfortable, students will navigate a given course throughout camp or make a course for other students.

Gold Rush- (1 or 2 class periods) (S, F)

After completing the Orienteering class, students will use their compass skills to find gold “mines” throughout camp, while avoiding roving “robbers.” This is very active class that incorporates skills learned in Orienteering.

Outdoor Living Skills (O.L.S.)- (1 or 2 class periods) (S, W, F)

Students, working in small groups, may be involved in natural shelter construction, fire building, knots and lashings, or outdoor cooking. Students will learn to appreciate the recreational opportunities that the outdoor provides while gaining skills and a sense of team cooperation.

Survival- (1 or 2 class periods) (S, W, F)

Students are presented with a survival scenario. Together they must make critical decisions with limited resources to ensure their survival.

Choices and Challenges- (1 or 2 class periods) (S, F)

In this role-playing class, groups are divided into 2 family groups faced with a horrible storm destroying their homeland. Working as a family the group is presented with challenges and their choices determine their survival.

The Beast- (S, W, F)

This class demonstrates group communication and cooperation skills. Students are presented with a series of interactive activities focusing on the importance of effective communication. Then in small groups, students are given roles and they must work together to build the “beast.”

Rock Climbing- (1 or 2 classes depending on group size) (S, W, F)

Using either our outdoor tower or indoor wall, students will be instructed in safety techniques and equipped with harnesses and helmets. In the ‘challenge by choice’ activity, students will decide how far to push themselves.

High Ropes Course- (2 or 3 class periods depending on size)(Grade 6 and up) (There is an additional fee) (S, F)

The course is a series of obstacles, 25 feet in the air, designed to promote group cooperation and individual achievement. Students will navigate through the course with state of the art climbing gear while our trained staff and other students offer support.

Indoor High Ropes Course- (2 or 3 class periods depending on size) (S, W, F)

Similar to our Outdoor High Ropes course but built within our Cheff Lodge. Students are equipped with climbing gear and then challenge themselves on different obstacles 25 ft in the air.

Pamper Pole- (S, F)

Using appropriate climbing gear and under the watchful eye of our trained staff, students have the opportunity to climb the 25 ft. telephone pole. Once on top of the pole, students will be able to experience the rush of flying (safely) to the ground.

Zip Line- (S, F)

Students challenge themselves off of our new 25 ft. zip line. Students are equipped with safety harnesses and are belayed as they ascend to the top of the tower. They then jump and soar down safely to the end of the zip line.

Environmental Outdoor Education

Terrific Trees- (S, W, F)

Students will learn the structure of a tree and the essential needs of a tree. They will then look at the forest and study the importance for trees, the lifecycle of trees, and their relationship to the forest and its ecosystems.

Forest Ecology- (S, W, F)

Through a series of activities students will be introduced to such concepts as habitats, adaptations, predator/prey relations and forest succession. Students are able to view the interdependence of all living things within the forest community.

Insect Dissection- (S, W, F)

Students will delve into the external anatomy of a lubber grasshopper and find out what exactly makes an insect an insect. Students will be instructed in proper dissection techniques and then have the chance to dissect and identify the internal organs of the grasshopper.

Stream Studies- (S, F)

Students will explore Manitou-Lin’s water environments with hands-on collecting and observing of aquatic life. Students will compare these aquatic communities, discovering their differences and similarities as well as the unique plants and animals that inhabit these

areas. Students will more clearly understand the importance of the wetlands to the community using and surrounding it.

Birding- (S, W, F)

Class will begin with a discussion of how birds have many different adaptations than humans. Students will learn how to attract and identify birds of this area. Students will then hike to areas where they are likely to see birds in action.

Populations- (S, W, F)

Students find out the natural checks and balances of populations in the woods as they discuss the limiting factors that can affect animals and humans. Through interactive lessons, students will discover how carrying capacity of an area fluctuates with the changing habitats.

Water Cycle- (S, W, F)

Students follow the timeless path of water through its unique cycle. Through interactive lessons students become a part of the water cycle as it travels through different physical states and places. Students will also learn how much of the earth's water is accessible to people.

Super Senses- (S, W, F)

This class is designed to allow students to increase their sensory awareness and to develop their knowledge of animal senses. Students will be given an opportunity to explore their other senses through activities designed to open up different ways to "see the world."

Tracking- (S, W, F)

Students will use different materials and techniques to help them better understand general animal patterns. Additionally, students will become familiar with the variety of signs the animals leave. Finally, students will try to track other students by using a combination of senses.

Winter Wonders- (W)

This class is a chance for students to learn all the wonders of winter life. Focus is on animal habitats and adaptations through the winter months. Students will also learn how to explore the winter wonderland safely.

Living History

Pioneering- (1 or 2 class periods) (S, W, F)

Students will gain an appreciation of what life was like over 150 years ago, when early settlers came to this area. Class will begin in our Pioneer Cabin and students will be able to experience pioneer cooking, tools, crafts and games.

Fur Trade- (1 or 2 class periods) (S, F)

Students will learn some of the elements of the French-Canadian fur trade. Then by becoming "trappers" students become aware of the competition between fur companies and the lifestyles of the early trappers and traders.

Woodland Ways- (S, W, F)

Students will experience the customs and the lifestyles of the Native Americans indigenous to this area many years ago. Native games, crafts, hunting and gathering will be discussed and practiced. The Native American land ethic will be highly emphasized and will provide the underlying theme for our program.

Lumbering- (S, F)

Students will learn of this important part of Michigan's past by using tools and role-playing various employees of the lumber companies from cruisers to river hogs.

Recreation Classes

Archery – (S, F)

This class teaches students how to safely and accurately use a recurve bow.

Horse Sense- (S, F)

Students will meet our horses, and through feeding, grooming and observing them, discover many of the adaptations made by the wild horse to enable it to live domestically. Students will not be riding the horses at any time in this class.

Horseback Riding- (1 or 2 class periods depending on size) (8 years of age or older) (There is an additional fee) (S, W, F)

Students will learn barn rules, horse riding safety and instruction. * A release form is needed for this activity.

Canoeing/ Kayaking- (S, F)

Students receive basic instruction and safety guidelines of canoeing and kayaking. Then they can enjoy paddling on Barlow Lake under the careful guidance of a YMCA certified lifeguard.

Snowshoeing- (W)

Student will learn some of the history behind snowshoeing and then be able to try it themselves as the group explores camp in the winter.

Evening Programs

Capture the Flag- (S, F)

A camp favorite where opposing teams try to capture the others flag which is hidden somewhere on their "land."

Action Auction- (S, W, F)

A great zany all camp game consisting of contest, dances, and creativity.

Boof- (S, F)

A game consisting of many hidden challenging stations throughout camp.

Predator Prey- (S, F)

Students role-play and make their way through food chains and mock catastrophes in this active all camp game.

Sensory Night Hikes- (S, W, F)

Students will begin to feel comfortable in the outdoors at night with this activity. Staff will encourage them to use their senses to discover the nocturnal world.

Creative Dramatics- (S, W, F)

Students will take part in improvisations and create a group skit to present to one another.

Mock Olympics- (S, W, F)

A series of silly Olympic-like events allowing students to participate with their individual talents.

Creative Problem Solving- (S, W, F)

This is a fun way to encourage creative thinking as students use critical problem solving skills working together as a group.

Stock Exchange- (S, W, F)

Students work as a group to navigate a mock stock market, deciding when to buy, sell or keep their stock shares based on the improvisational stories of camp staff and teacher/chaperones.

YMCA Camp Manitou-Lin Staff

Our staff are what make your stay enjoyable. Our well-trained, enthusiastic instructors lead your school's program. We are flexible, attentive, and ready to help you achieve your goals for your students.



Sample 2 Day Schedule at YMCA Camp Manitou-Lin*

Day One

9:00	Arrival, Move into cabins
9:30	Welcome and Orientation
10:00-11:15	Activity #1
11:15-12:30	Activity #2
12:30-1:30	Lunch
1:30-2:45	Activity #3
2:45-4:00	Activity #4
4:00-5:00	Structured Open Time
5:15-6:15	Dinner
6:30-7:45	All Camp Game
7:45-8:00	Snack
8:00-9:00	Campfire

Day Two

8:00	Breakfast
9:00-10:15	Activity #5
10:15-11:30	Activity #6
11:45-12:45	Lunch
1:00	Load Busses

Sample One Day Trip*

9:00	Arrival and Orientation
9:30-10:45	Activity #1
10:45-12:00	Activity #2
12:00-1:00	Lunch
1:00-2:15	Activity #3
2:15-3:30	Activity #4
3:30	Load busses

* Arrival and departure times can be adjusted

Sample 3 Day Schedule at YMCA Camp Manitou-Lin*

Day One

10:00	Arrival, Move in
10:30	Welcome and Orientation
11:00	Camp Tours
11:30	Large Group Icebreakers
12:00	Lunch
1:00-2:30	Activity #1
2:30-4:00	Activity #2
4:00-5:00	Structured Open Time
5:15-6:15	Dinner
6:30-7:45	All Camp Game
7:45-8:00	Snack
8:00-9:00	Evening Activity

Day Two

8:15	Breakfast
9:00-10:30	Activity #3
10:30-12:00	Activity #4
12:15-1:15	Lunch
1:15-2:00	Cabin Time
2:00-3:30	Activity #5
3:30-5:00	Activity #6
5:00-5:30	Structured Open Time
5:30-6:30	Dinner
6:45-7:45	All Camp Game
7:45-8:00	Snack
8:00-9:00	Evening Activity

Day Three

8:15	Breakfast
9:00-10:30	Activity #7
10:30-12:00	Activity #8
12:15-1:15	Lunch
1:15	Load Busses

* Arrival and Departure times can be adjusted



Camp Housing

- Year-round accommodations up to 170 persons
- Spring-Fall accommodations up to 222 persons
- All cabins are equipped with indoor showers, bathrooms, carpet and heat.

Single Cabins (*spring – fall only*)

Commanche – 14 total beds
 Iroquois – 14 total beds
 Pottawatomi – 14 total beds
 Mohawk – 14 total beds
 Shawnee – 14 total beds

Double Cabins (*year-round housing*)

Ojibway/Shoshone – 16 beds each-32 total beds
 Apache/Cherokee – 12 beds each-24 total beds

South Quad (*year-round housing*)

Wyandot– 12 total beds
 Mohican – 12 total beds
 Sioux– 12 total beds
 Ottawa – 12 total beds
 Four private rooms; 4 beds each – 16 total beds

North Quad (*year-round housing*)

Pueblo– 12 total beds
 Navajo – 12 total beds
 Zuni - 12 total beds
 Cheyenne – 12 total beds

Program Areas

- Outdoor high ropes course
- Indoor high ropes course
- Outdoor climbing towers (2)
- Zip-Line
- Arts and Crafts Cabin
- Archery Ranges (2)
- Outpost camp sites
- Hay wagon
- Nature Center
- Pioneer Cabin
- Hiking Trails
- Fire circles (5)
- Gates Chapel with covered seating for 200+

Athletic Courts and fields

- Basketball Court
- Kickball field
- Football Field

SPIRIT Farms Riding Center

- Four riding arenas
- 50+ herd
- Farm Animal Barn
- Scenic riding trails

Waterfront

- Boating
- Fishing



Outdoor Education Rates 2011-2012

Program	Rate/student	Rate/Chaperone	# of Meals
½ day trip	\$16-\$20		
Day Trip (No lunch)	\$21		
Day Trip (lunch included)	\$26	\$5	1
Teambuilding and High Ropes	\$31	\$5	1
2 Days/1 Night	\$61	\$23	4
3 Days/2 Nights	\$93	\$37	7
4 Days/3 Nights	\$122	\$54	10
5 Days/4 Nights	\$154	\$70	13

There is no charge for Teachers.

Additional Costs

Additional Meal	\$5.00 per person
Outdoor High Ropes	\$10.00 per person
Horseback Riding	\$10.00 per person (seasonal)

YMCA Camp Manitou-Lin Policies and Conditions

Please call if you have any questions about our policies.

1. **Orientation** - The group leader is responsible for providing an orientation session with a camp staff member as well as being responsible to make sure that all group members follow all camp policies and procedures.
2. **Program Areas** – Camp Manitou-lin will provide trained staff to lead any high risk areas such as climbing wall, archery, waterfront, etc. Uses of any equipment or program areas of camp are only with staff permission. Camp Manitou-lin staff shall have the right to prohibit any activity of the group which the YMCA determines or considers being hazardous to safety, life, or property, or is opposed to the YMCA’s stated philosophy, mission, or goals.
3. **Facility Fees** - The groups shall pay a \$35 cleaning fee per cabin/room or \$35 per hour maintenance fee plus parts for misuse, damage, or littering of any of the facilities, buildings, structures, equipment or grounds during the period of use.
4. **Quiet hours** – Quiet hours are from 11:00pm to 7:00am.
5. **Personal Property** - Pets, firearms (including air rifles and archery equipment) and boats are not permitted to be brought to camp. Camp is not responsible for personal property or any items lost, stolen or damaged at camp.
6. **Tobacco/Alcohol** - The use of tobacco products and consumption of alcohol is strictly prohibited on camp property.
7. **Food** - Food is not allowed in sleeping cabins due to animal/insect attraction and sanitary standards. If storage of snacks is required, space in the camp kitchen can be requested. All guest food should be consumed in the lodge area.
8. **Cabin Care**- Please be respectful; please do not write on any camp facilities. Before your departure, please make sure to follow the cabin check out procedures posted in each cabin.
9. **Food Service**- Dietary restrictions or food allergies need to be communicated to camp 2 weeks prior to arrival. The kitchen will do its best to honor as many requests as possible.
10. **Multiple Groups** - Camp often has multiple groups in camp at the same time. Cabin and menu requests will be considered, but not guaranteed. Camp reserves the right to change menus and cabin reservations if needed.
11. **Permission** – Camp reserves the right to take photographs and video to use for publications, fliers, and websites of rental groups participants while at camp. If a rental group prefers camp not to do this, please notify camp director 1 week previous to arrival.

User Group Responsibilities in Accordance with Michigan Camp Licensing Rules

1. **Roster of camp participants**-The User Group is responsible for maintaining a current roster of all participants.
2. **Chaperone Selection & Screening**-The User Group is responsible for selecting qualified and appropriate chaperones to supervise participants. Michigan Camp Licensing Rules require a potential staff member to provide documentation of experience, prior work history, and three statements of positive reference. The User Group is responsible for screening all chaperones that accompany the participants. Your organization may already have a procedure for doing this. Michigan Camp Licensing Rules require a criminal background check and screening for child abuse.
3. **Supervision of Participants**- Chaperones are responsible for participant supervision and behavior management at all times. Michigan Camp Licensing Rules require a 1:10 ratio of chaperones to participants for awake hours and a 1:14 ratio for sleeping hours.
4. **Behavior Management**- The User Group is responsible for providing all chaperones with a behavior management policy for participants. Michigan Camp Licensing Rules require the following: a written behavior management policy, method for positive behavior management, a written statement that no participant is to be deprived of food or sleep; shall not be placed alone without staff supervision; or shall not be subjected to hazing, ridicule, threat, corporal punishment, excessive physical exercise, or excessive restraint.
5. **Health Officer Requirements**- The User Group is responsible for providing a designated adult to serve as a health officer that is available throughout the stay for any medical needs that may arise. Michigan Camp Licensing rules require a health officer to be a licensed health care provider. For Day Camps, an individual certified in CPR and First Aid is sufficient.
6. **Health Service Policy**- The User Group’s Health Officer is responsible for providing first aid needs for its participants. If a participant’s injuries require transportation to a local hospital or treatment center, the User Group is responsible for providing personnel and an appropriate vehicle. If the participant’s injuries require emergency medical assistance, the User Group’s Health Officer or designated emergency personnel is responsible for summoning help by calling 911. The charges for emergency care at a local hospital or treatment center are the responsibility of the User Group. Report all accidents to the camp administration and we will help coordinate care efforts.
7. **Health Facilities and Supplies**-A designated office is available at Camp Manitou-Lin to be used as a medical station for the Health Officer. The User Group is responsible for providing a supply of first aid supplies for its participants. The Health Officer is responsible for storing and administering all medications to participants. Michigan Camp Licensing Rules require all medications are held in a secure locked storage area.
8. **Health Requirements**-The User Group is responsible for collecting a health form for each participant and chaperone. Michigan Camp Licensing Rules require that the health form include the following information: Name and address, an emergency contact name and phone number for each participant, a signed permission to treat form or statement for each student, physical limitations, allergies or any special health considerations, current prescription and non prescription drugs and medications, and a statement that the participant’s immunizations are up to date. The User Group is responsible for maintaining a list of participants who have known allergies or medical conditions that may require extra care and consideration while at camp.
9. **Transportation**-The User Group is responsible for providing adequate transportation to and from Camp Manitou-Lin. Michigan Camp Licensing Rules have the following requirements for transport vehicles and operators: the driver of a transport vehicle is an adult who possesses a valid operator license for the vehicle driven, the transport vehicle is appropriately licensed and equipped with all the required safety devices, the participants are transported only in the sections of the vehicle designated for passenger transportation, and the number of passenger shall not exceed the capacity of the vehicle.
10. **Emergency Procedures**-Camp Manitou-Lin staff will explain to the User Group’s chaperones the emergency procedures for severe weather and fire during an orientation meeting.

If you are faxing a signed copy of this rental agreement to us, please sign and date the front side as well as initial and date here and fax both sides: Init: _____ Date: _____

Packing Guidelines

Pack compactly. Please label all items. Please keep in mind that guests of camp must carry their belongings to their cabins. Driving on camp is prohibited. Please also keep in mind that weather in Michigan is somewhat unpredictable and many of our activities are almost exclusively outdoors. The key to enjoying your experience is to be prepared.

Bedding

Each person will bring their own sleeping bag or blankets and sheets and pillow.

Clothing

Dress is casual and appropriate for camp. Layering is best. We suggest bringing old, but clean clothing.

- Jeans, shorts, pants
- T-shirts, sweaters, jacket
- Shoes –AT LEAST TWO PAIRS - boots for winter, hiking boots, sneakers Daily change of underwear and socks
- Pajamas
- Raincoat

Special Activities

- Participants using the High Ropes Course or who will be rock climbing must have closed-toe shoes
- Horseback participants MUST have long pants and closed-toe shoes

Toiletries

- Soap and shampoo
- Toothpaste and toothbrush
- Brush and comb
- Deodorant
- Chapstick
- Towel and washcloth
- Sunscreen and Insect Repellent

Option Items

Flashlight ~ camera (clearly labeled) ~ money for Camp Store ~ alarm clock ~ games

What Not to Bring to Camp

Aerosol cans – knives or firearms – alcohol and tobacco products - electronic equipment, electronic games or personal music players – gum or candy

Personal Property

YMCA Camp Manitou-Lin is not responsible for clothing and personal property brought from home. While our staff will help campers, it is considered the responsibility of the camper to keep their belongings together. The green Lost and Found Box is located on the Lodge porch; please check this before departure. Unclaimed lost and found property is kept for one week and then donated to local charities.

Tech-free Zone

YMCA Camp Manitou-Lin is proud to be a Tech-free zone. Please help us by making sure that your campers do not have any electronic equipment, electronic games or personal music players in their possession. Thanks for your cooperation.

YMCA Camp Manitou-Lin

Check List for School Planning

Contract Stage:

- Reserve Dates for Outdoor Education Experience
- Sign and return contract with initial deposit.
- Review the Teacher Planning Guide and begin selecting curriculum for your trip.

Planning Stage:

- Schedule a meeting with Camp Manitou-Lin's Outdoor Education Director to design a schedule and discuss program goals and curriculum options.
- Schedule a group designated Health Officer to attend with school to administer medication and First Aid.
- Choose Menu options for trip. Menu choices and approximate numbers need to be received by Camp Manitou-Lin at least 2 weeks prior to date. Any food allergies or special diet restrictions need to be communicated at this time also.
- Assign students to Cabin and Trail Groups. Assign chaperones to each group. Create nametags for students if necessary.
- Distribute Liability Release Waivers to all camp participants.

Pre- Trip Stage:

- Review schedule, procedures, and camp policies and any other important information with students and chaperones before arriving at camp. Collect Liability Release Forms.
- Collect all medication and emergency information from the students and give to designated Health Officer.

At Camp:

- Let camp staff know if you need anything during your stay.
- During last meal, fill out an evaluation for your camp experience.

Post Trip:

- You will receive an invoice. You will have 30 days upon receipt to pay the balance.
- You will receive a letter with a contract for following year.
- Sign and return contract with deposit for following year.

Chaperone Responsibilities

Please read this and pass to chaperones to help make the student's experience at camp a safe one.

General Guidelines

1. Plan to be with your group at all times. If you must leave the group for some reason, please make sure that another chaperone is supervising the group.
2. Never send students anywhere by themselves. It is important to the campers' safety that they are always with a buddy.
3. During classes and activities try to participate in whatever your campers are doing. (Unless you're asked to only observe by camp staff)
4. Set a good example for your group by modeling good behavior. Follow all rules (No candy, no gum, etc.); be positive and enthusiastic about activities, and dress appropriately for the weather.
5. Please make sure that the students are dressed appropriately for the days' activities and for the weather.
6. Help to enforce camp rules and to encourage positive behavior from students.

In the cabin

1. Remember to keep your cabin group together in the cabin at night.
2. Do not allow horseplay in the cabins. (i.e. jumping from bunk to bunk, pillow fights, etc)

In the lodge

1. Ideally we would like to have one chaperone at every table during meal times. Assign a hopper at the table and make sure there are doing their jobs.
2. Encourage polite table manners and passing of food. Please make sure that all the students get a first helping when the food arrives at your table.
3. Hoppers are the only ones allowed up from the table during mealtime.
4. Make sure the students in your group are helping scrap and stack dishes to make things easier for the hopper.
5. Do not allow students to leave the lodge until the table has been cleared and wiped off and the group has been dismissed.
6. Coffee and tea are available for adults but are not to be given to students.

During classes and activities

1. Be involved as much as possible in all activities. You are a role model and your interest will help to stimulate the interest of the students.
2. Take charge of any situation where a student is being impolite or not following the directions or guidelines of the presenters.
3. Have fun and learn, but remember not to give students the answers to problems of help with questions unless specifically asked to do so. The students must do the learning and discovering themselves!



YMCA CAMP MANITOU-LIN

GENERAL LIABILITY RELEASE

GENERAL LIABILITY:

I understand that the YMCA of Greater Grand Rapids assumes no responsibility for injuries, which I or my child may sustain as a result of my or my child's physical condition or resulting from my or my child's participation in any activities, programs, exercise, or the use of any facility, equipment, or other activities organized or sponsored by the YMCA of Greater Grand Rapids & Affiliates. I expressly acknowledge that I assume risk for any and all injuries and illnesses that may result. In consideration of the privilege of joining, or using the YMCA, I hereby voluntarily release and discharge the YMCA of Greater Grand Rapids, its agents, servants, and employees from any and all claims for injury, death, loss or damage that I or my child may suffer. I understand the YMCA of Greater Grand Rapids is NOT responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

PHOTO RELEASE: Please check the appropriate box:

- I grant my permission to the YMCA of Greater Grand Rapids & Affiliates to use without limitation or obligation, photographs, film footage, tape recordings, or other media that may include an image or voice of me or my child at camp for purposes of promoting or interpreting YMCA programs.
- I do not grant my permission to the YMCA of Greater Grand Rapids & Affiliates to use without limitation or obligation, photographs, film footage, tape recordings, or other media that may include an image or voice of me or my child at camp for purposes of promoting or interpreting YMCA programs.

Name of Participant _____ Date of Birth _____

Signature _____ Date _____
Self/Parent/Guardian (circle appropriate title)

Address _____ City _____ State _____ Zip Code _____

Email Address _____

EMERGENCY AUTHORIZATION

I hereby give permission to the medical personnel selected by the camp director to provide routine health care; to administer medications; to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for myself or my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the named person above.

Signature _____ Date _____
Self/Parent/Guardian (circle appropriate title)



YMCA CAMP MANITOU-LIN
EQUINE GENERAL LIABILITY RELEASE

Please read the following agreement and liability release for horseback riding and or horse related activity at YMCA Camp Manitou-Lin before signing:

WARNING: Under the Michigan equine activity liability act, an equine professional is not liable for an injury to or the death of a participant in an equine activity resulting from an inherent risk of the equine activity.

ACTIVITY RISK and NATURE OF CAMP HORSES

As a guest at YMCA Camp Manitou-Lin, I, the undersigned, recognize that YMCA Camp Manitou-Lin is located in a rustic setting with natural and artificial hazards (including surface and subsurface conditions). The undersigned also understands that it is the propensity of an equine to behave in ways that may result in injury, loss, or death. Equines can act unpredictably to sounds, sudden movements, unfamiliar objects, persons, or other animals. It is also understood by the undersigned that there could be a collision with another equine, animal, person, or an object while riding on YMCA Camp Manitou-Lin premises.

RIDER RESPONSIBILITY

The undersigned will be given basic riding instruction prior to riding, yet there is a potential for the participant to act or fail to act in a manner that could contribute to injury, loss, or death. I understand that by mounting a horse and by taking the reins that the rider is in primary control of the horse. The rider's safety largely depends on his/her ability to carry out simple instructions and his/her ability to remain balanced aboard the moving equine

SIGNER STATEMENT OF AWARENESS

I/We, the undersigned, have read and do understand and agree to the foregoing agreement, warnings, waiver, and the assumption of risk. We assume the risk of injury from the above danger, and waive liability, if any, of YMCA Camp Manitou-Lin/YMCA of Greater Grand Rapids and its staff and volunteers.

GENERAL LIABILITY:

I understand that the YMCA of Greater Grand Rapids assumes no responsibility for injuries, which I or my child may sustain as a result of my or my child's physical condition or resulting from my or my child's participation in any activities, programs, exercise, or the use of any facility, equipment, or other activities organized or sponsored by the YMCA of Greater Grand Rapids & Affiliates. I expressly acknowledge that I assume risk for any and all injuries and illnesses that may result. In consideration of the privilege of joining, or using the YMCA, I hereby voluntarily release and discharge the YMCA of Greater Grand Rapids, its agents, servants, and employees from any and all claims for injury, death, loss or damage that I or my child may suffer. I understand the YMCA of Greater Grand Rapids is NOT responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

PHOTO RELEASE: Please check the appropriate box:

- I grant my permission to the YMCA of Greater Grand Rapids & Affiliates to use without limitation or obligation, photographs, film footage, tape recordings, or other media that may include an image or voice of me or my child at camp for purposes of promoting or interpreting YMCA programs.
- I do not grant my permission to the YMCA of Greater Grand Rapids & Affiliates to use without limitation or obligation, photographs, film footage, tape recordings, or other media that may include an image or voice of me or my child at camp for purposes of promoting or interpreting YMCA programs.

Name of Participant _____ **Date of Birth** _____

Signature _____ **Date** _____

Self/Parent/Guardian (circle appropriate title)

Address _____ **City** _____ **State** _____ **Zip Code** _____

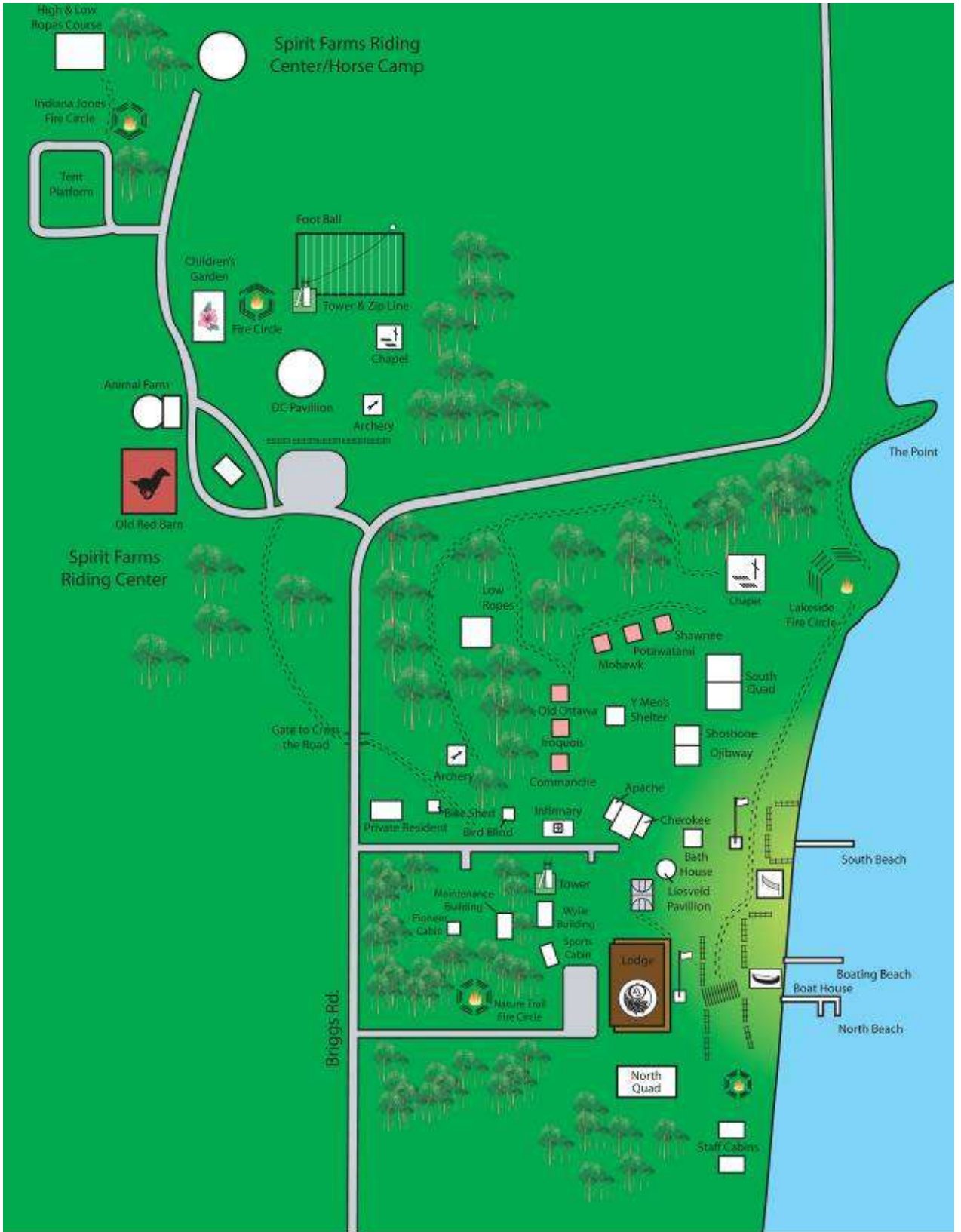
Email _____

EMERGENCY AUTHORIZATION

I hereby give permission to the medical personnel selected by the camp director to provide routine health care; to administer medications; to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for myself or my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the named person above.

Signature _____ **Date** _____

Self/Parent/Guardian (circle appropriate title)



Directions to YMCA Camp Manitou-Lin

From Grand Rapids

East Beltline

- Take M37 (East Beltline/Broadmoor) south through Caledonia.
- Approximately 5 miles past Caledonia follow Cherry Valley to the right. (It veers to the right.)
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Rd.
- Camp is on the right $\frac{3}{4}$ of a mile down Briggs Rd.

US131

- Take US131 South to Wayland Exit (exit #64)
- Go left (East) 8 miles and turn right on Briggs Rd.
- Camp is on the right $\frac{3}{4}$ of a mile down Briggs Rd.

From Lansing

- Take US96 West towards Grand Rapids
- Take US6 West (use exit #46) towards M37
- Take the Kentwood exit (exit #15) and turn left on M37 (south)
- Take M37 south through Caledonia.
- Approximately 5 miles past Caledonia follow Cherry Valley to the right.
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Rd.
- Camp is on the right $\frac{3}{4}$ of a mile down Briggs Rd.

From Detroit

- Take I-94 West to Kalamazoo.
- Turn right and take US131 North towards Grand Rapids.
- Take Exit #64.
- Go right (East) 8 miles and turn right on Briggs
- Camp is on the right $\frac{3}{4}$ of a mile down Briggs

YMCA Camp Manitou-Lin

1095 N. Briggs Rd.
Middleville, MI 49333
1-888-909-2267