



PARENT GUIDE TO PARENT/CHILD OVERNIGHT CAMPS YMCA CAMP MANITOU-LIN

A branch of the YMCA of Greater Grand Rapids

Toll-free: 1-888-909-2267

Fax: 1-269-795-1629

www.campmanitou-lin.org

WELCOME

Thank you for enrolling in one of our Parent / Child Overnight Camp Programs at YMCA Camp Manitou-Lin. There will be plenty of opportunities to enjoy many of our great camp activities including archery, arts and crafts, rock climbing, hiking, hay rides, petting farm and much more! Time spent on camp with loved ones will leave lasting memories!

Lisa Hamacher
Retreats Director

lhamacher@grymca.org

Jaimee Picard
Equestrian Director

jpicaard@grymca.org

REQUIRED FORMS

When you arrive at camp, please turn in the attached Release Form. One needs to be filled out for all family members.

MEDICATIONS

Due to state licensing laws, all medications- except asthma inhalers and epi-pens must be kept secured in our health cabinet. "Medications" include over the counter items like Tylenol, Sudafed and vitamins, etc. Parents will be able to administer their child's medications from this central location. Medication must be in the original prescription bottle, according to Michigan Law. Medications can only be administered according to the directions on the container.

Prescribed medication must be clearly marked with:

- Name of patient
- Name of medication
- Directions for administration
- Name of physician

*For the safety of all camp participants, we ask that medications be turned in at check in.

FOOD SERVICE

Meals are provided during your stay with us. Please make sure to make let us know if anyone in your family group has any allergies.

CAMP STORE

Families will have the opportunity to visit our camp store and pick up a Camp Manitou-Lin souvenir to remember your magical time at camp with your family. There is a variety of items available for purchase from small items to larger ones like sweatshirts.



WHAT TO BRING

- Water Bottle
- Weather appropriate outdoor gear
- Long pants and a solid shoe or boot (flat sole) are necessary for any horseback riding
- Sleeping Bag
- Pillow
- Wash cloths, towels, soap, shampoo
- Toothbrush, toothpaste
- Pants, jeans
- Gloves
- Sweatshirts
- Underwear, etc
- Boots for hiking
- Hat
- Lots of warm socks

PLEASE DO NOT BRING

- Walkmans/Discmans
- Gameboys
- Personal sports equipment
- Trading cards (Pokemon, etc.)
- Pocket Knife
- Anything of Value



YMCA Camp Manitou-Lin is proud to be a **Tech-free Zone. Please help us make sure not to pack any electronic equipment, electronic games or personal music players.

LOST AND FOUND/ PERSONAL PROPERTY

YMCA Camp Manitou-Lin will not be responsible for clothing and personal property brought from home. Please do not bring anything of value as we cannot insure its safety. **All personal items should be clearly marked with your name to prevent loss. Unclaimed lost & found property will be kept for one week and then donated to local charities.**

EXPECTATIONS

Campers are expected to behave in a safe, Caring, Honest, Respectful, Inclusive and Responsible manner at all times. This is implemented with great care and respect by all camp staff. Failure to abide by these rules and guidelines can result in dismissal from camp. No refunds are given for early departures due to behavior issues as determined by the Camp Director.

YMCA CAMP MANITOU-LIN EQUINE & GENERAL LIABILITY RELEASE

Please read the following agreement and liability release for horseback riding and or horse related activity at YMCA Camp Manitou-Lin before signing:

WARNING: Under the Michigan equine activity liability act, an equine professional is not liable for an injury to or the death of a participant in an equine activity resulting from an inherent risk of the equine activity.

▪ **Activity Risk And Nature Of Camp Horses**

As a guest at YMCA Camp Manitou-Lin, I, the undersigned, recognize that YMCA Camp Manitou-Lin is located in a rustic setting with natural and artificial hazards (including surface and subsurface conditions). The undersigned also understands that it is the propensity of an equine to behave in ways that may result in injury, loss, or death. Equines can act unpredictably to sounds, sudden movements, unfamiliar objects, persons, or other animals. It is also understood by the undersigned that there could be a collision with another equine, animal, person, or an object while riding on YMCA Camp Manitou-Lin premises.

▪ **Rider Responsibility**

The undersigned will be given basic riding instruction prior to riding, yet there is a potential for the participant to act or fail to act in a manner that could contribute to injury, loss, or death. I understand that by mounting a horse and by taking the reins that the rider is in primary control of the horse. The rider's safety largely depends on his/her ability to carry out simple instructions and his/her ability to remain balanced aboard the moving equine. For the comfort and safety of the horse and rider, a 200 lb weight limitation is in effect and is variable depending upon ambulatory status, range of motion, and the discretion of the Equestrian Director.

▪ **Signer Statement Of Awareness**

I/We, the undersigned, have read and do understand and agree to the foregoing agreement, warnings, waiver, and the assumption of risk. We assume the risk of injury from the above danger, and waive liability, if any, of YMCA Camp Manitou-Lin/YMCA of Greater Grand Rapids and its staff and volunteers.

GENERAL LIABILITY:

I understand that the YMCA of Greater Grand Rapids assumes no responsibility for injuries, which I or my child may sustain as a result of my or my child's physical condition or resulting from me or my child's participation in any activities, programs, exercise, or the use of any facility, equipment, or other activities organized or sponsored by the YMCA of Greater Grand Rapids & Affiliates. I expressly acknowledge that I assume risk for any and all injuries and illnesses that may result. In consideration of the privilege of joining, or using the YMCA, I hereby voluntarily release and discharge the YMCA of Greater Grand Rapids, its agents, servants, and employees from any and all claims for injury, death, loss or damage that I or my child may suffer. I understand the YMCA of Greater Grand Rapids is NOT responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

PHOTO RELEASE:

We love taking pictures of our guest enjoying their time at Camp Manitou-Lin. We often use these photos in our marketing and promotional efforts. By signing this waiver, you agree to give the YMCA of Greater Grand Rapids permission to use any media of me or my child at camp for purposes of promoting or interpreting YMCA Programs. If you'd prefer your photo not be used, please let us know in writing prior to your camp experience.

Name of Participant: _____ Date of Birth: _____

Signature of parent or guardian _____ Date: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Email Address: _____

EMERGENCY AUTHORIZATION

I hereby give permission to the medical personnel selected by the camp director to provide routine health care; to administer medications; to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for myself or my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the named person above.

Signature of parent or guardian _____ Date: _____
(Circle appropriate title)

DIRECTIONS TO YMCA CAMP MANITOU-LIN

1095 Briggs Rd N. Middleville, MI 49333

FROM GRAND RAPIDS:

- Take M-37 (East Beltline/Broadmoor) south through Caledonia.
- Approximately 5 miles past Caledonia follow Cherry Valley to the right.
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Rd.
- Camp is on the right 3/4 of a mile down Briggs Rd.

FROM US-131:

- Take US-131 South to Wayland Exit (exit #64)
- Go left (East) 8 miles and turn right on Briggs Rd.
- Camp is on the right 3/4 of a mile down Briggs Rd.

FROM LANSING:

- Take US-96 West towards Grand Rapids
- Take US-6 West (use exit #46) towards M-37
- Take the Kentwood exit (exit #15) and turn left on M-37 (South)
- Take M-37 South through Caledonia
- Approximately 5 miles past Caledonia follow Cherry Valley to the right
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Rd.
- Camp is on the right 3/4 of a mile down Briggs Rd.

FROM DETROIT:

- Take I-94 West to Kalamazoo
- Turn right and take US-131 North towards Grand Rapids
- Take exit #64
- Go right (East) 8 miles and turn right on Briggs Rd
- Camp is on the right 3/4 of a mile down Briggs Rd.

