



PARENT GUIDE TO SCHOOL BREAK DAY CAMPS YMCA CAMP MANITOU-LIN

A branch of the YMCA of Greater Grand Rapids

Toll-free: 1-888-909-2267

Fax: 1-269-795-1629

www.campmanitou-lin.org

WELCOME

Thank you for enrolling your child in one of our School Break Day Camp Programs at YMCA Camp Manitou-Lin. On your child's day off from camp they will make new friends, reconnect with old ones and have a great time. Campers will have the opportunity to do many of our great camp activities including archery, arts and crafts, rock climbing, hiking, hay rides, petting farm and much more! Time spent on camp with new friends will leave lasting memories!

Karin Denman

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Equestrian Director

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REQUIRED FORMS

Please take the time to fill out the enclosed forms carefully and send with your camper. They are to ensure that your child has a safe, fun experience at camp. There are a total of 2 pages.

CAMP DROP-OFF AND PICK-UP

If you choose to drive your camper to camp, the program day begins at 8:30AM. We will have before care available at camp starting at 8:00 AM. We will meet campers in the Cheff Lodge off our Main Entrance.



The Day Camp program day ends at 4:30pm. We will have after care available until 5:30pm. Please sign out with Camp staff. For your child's safety, campers will be released only to adults on the authorized Parent Release Form.

BUS TRANSPORTATION

- If your camper is riding the bus please allow 10 minutes before and after the pickup times to allow for traffic. Camp Manitou-Lin uses full sized yellow buses for transportation. A camp staff will greet your camper for check in. If camp has not received your required health forms, you will be asked to fill out the forms at the bus stop. At the end of the day, you will be asked to sign your child out with the bus counselor and present a photo ID.
- All camp provided transportation would be done within the passenger seating limitations established by the manufacturer. All passengers are required to stay in their seats while the vehicles are in motion. Bussing will be temporarily suspended under severe weather conditions. If there is a transportation delay of more than 20-30 minutes, staff will try to notify parents via phone calls or a camp staff will relay information to the designated bus spot.

MEDICATIONS

All medications- except asthma inhalers and epi-pens with the Camp Director's knowledge are to be kept secured with the Camp Director. "Medications" include over the counter items like Tylenol, Sudafed and vitamins, etc. The Camp Director will administer prescribed medications. Medication must be in the original prescription bottle, according to Michigan Law. Medications can only be administered according to the directions on the container.

Prescribed medication must be clearly marked with:

1. Child' name
2. Name of medication
3. Directions for administration
4. Name of physician

*Medications must be turned in directly to the camp director or to the bus counselor each morning.

FOOD SERVICE

A hot lunch is provided. We pride ourselves on our healthy – but kid friendly menu. There will be a main dish served as well as a salad bar and hot bar options. Please be sure to inform the camp staff of any allergies or dietary restrictions.

WHAT TO BRING

- Water Bottle
- Weather appropriate outdoor gear
- Horse day campers will need long pants and a solid shoe or boot (flat sole).

PLEASE DO NOT BRING

- MP3 Players
- Cell Phones
- Gameboys
- Personal sports equipment
- Trading cards (Pokemon, etc.)
- Pocket Knife
- Anything of Value



YMCA Camp Manitou-Lin is proud to be a **Tech-free Zone. Please help us make sure that your camper does not have any electronic equipment, electronic games or personal music players in their possession.

ALL ITEMS SHOULD BE CLEARLY MARKED WITH THE CAMPER'S NAME TO PREVENT LOSS.

Please do not bring anything of value as we cannot insure its safety. Children tend to borrow, loan, exchange, forget, and find clothes from others. We will try to get it straight before they return home, but....

LOST AND FOUND/ PERSONAL PROPERTY

YMCA Camp Manitou-Lin will not be responsible for clothing and personal property brought from home. While the staff will help your child, it is considered the responsibility of the camper to keep belongings together. **Unclaimed lost & found property will be kept for one week and then donated to local charities.**

EXPECTATIONS

Campers are expected to behave in a safe, Caring, Honest, Respectful, Inclusive and Responsible manner at all times. This is implemented with great care and respect by all camp staff. Failure to abide by these rules and guidelines can result in dismissal from camp. No refunds are given if a child leaves early because of homesickness or for disruptive behavior as determined by the Camp Director.

DIRECTIONS TO YMCA CAMP MANITOU-LIN

1095 Briggs Rd N, Middleville, MI 49333

FROM GRAND RAPIDS:

- Take M-37 (East Beltline/Broadmoor) south through Caledonia.
- Approximately 5 miles past Caledonia follow Cherry Valley to the right.
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Rd.
- Camp is on the right 3/4 of a mile down Briggs Rd.

FROM US-131:

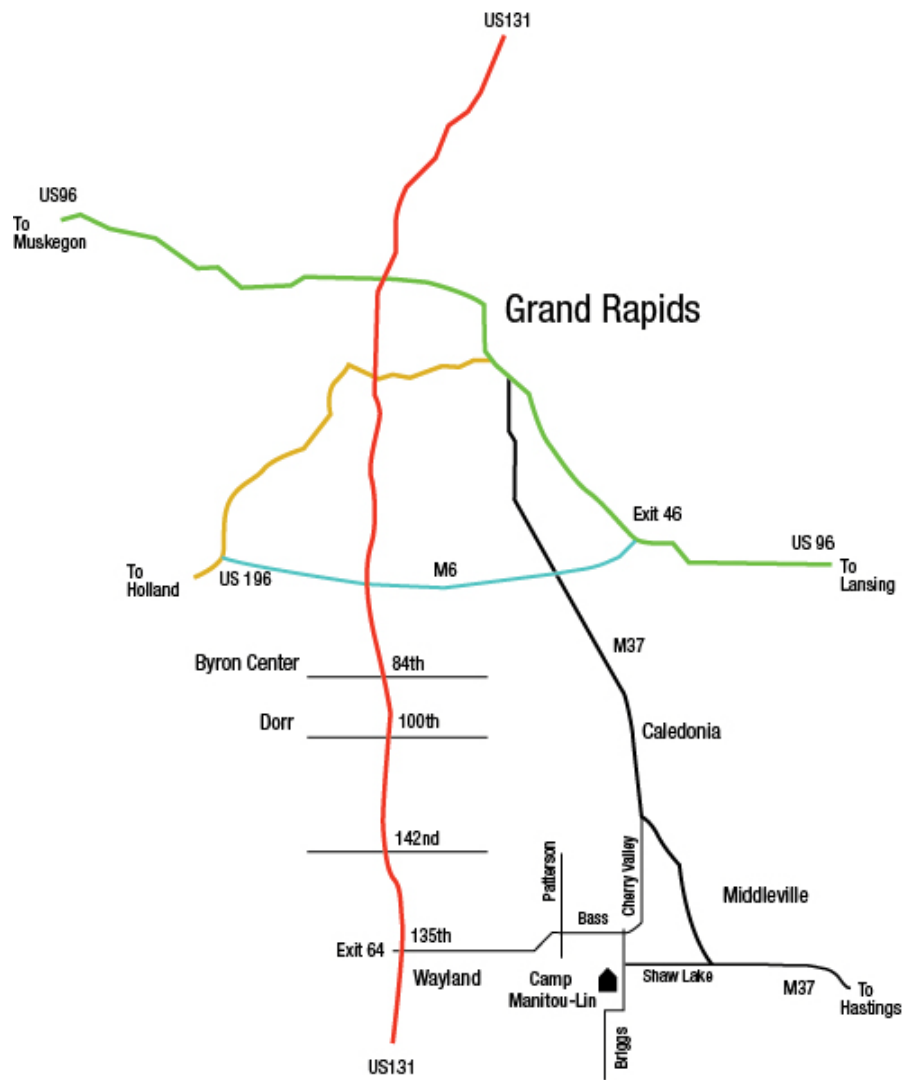
- Take US-131 South to Wayland Exit (exit #64)
- Go left (East) 8 miles and turn right on Briggs Rd.
- Camp is on the right 3/4 of a mile down Briggs Rd.

FROM LANSING:

- Take US-96 West towards Grand Rapids
- Take US-6 West (use exit #46) towards M-37
- Take the Kentwood exit (exit #15) and turn left on M-37 (South)
- Take M-37 South through Caledonia
- Approximately 5 miles past Caledonia follow Cherry Valley to the right
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Rd.
- Camp is on the right 3/4 of a mile down Briggs Rd.

FROM DETROIT:

- Take I-94 West to Kalamazoo
- Turn right and take US-131 North towards Grand Rapids
- Take exit #64
- Go right (East) 8 miles and turn right on Briggs Rd
- Camp is on the right 3/4 of a mile down Briggs Rd.





SEND WITH CAMPER OR SEND TO:
YMCA Camp Manitou-Lin
1095 Briaas Rd., Middleville, MI 49333

CAMP HEALTH HISTORY FORM – FOR CHILDREN, YOUTH AND ADULTS

The following information must be filled in by the parent/guardian. Please provide complete information so that the camp can be aware of your needs.

Camper's Last Name: _____ First Name: _____ Sex: _____ Age: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Parent or Guardian: _____ Phone: _____

Email Address: _____

EMERGENCY CONTACT INFORMATION

1st Contact Name: _____ Phone: _____ Cell: _____

2nd Contact Name: _____ Phone: _____ Cell: _____

3rd Contact Name: _____ Phone: _____ Cell: _____

HEALTH HISTORY

Operations or serious injuries (dates): _____

Disability or chronic recurring illness: _____

Any specific activities to be encouraged or limited by physician's advice: _____

Other infectious diseases or health concerns: _____

Any camper behavior concerns: _____

Dietary restrictions: _____

Do you carry family medical/hospital insurance? Carrier: _____ Policy or Group # _____

ALLERGIES – List all known! Describe reaction and management of the reaction to Medication, Food or other Allergies (please list):

This person takes NO medication on a routine basis

This person takes medication as follows:

Med#1 _____ Dosage: _____ Times Taken Each Day: _____

Reason for Medication: _____

Med#2 _____ Dosage: _____ Times Taken Each Day: _____

Reason for Medication: _____

Med#3 _____ Dosage: _____ Times Taken Each Day: _____

Reason for Medication: _____

I AUTHORIZE THE FOLLOWING TO BE ADMINISTERED (OR THEIR GENERIC EQUIVALENT) AS NEEDED:

- Tylenol Chlorseptic Benadryl Cough Drops Pepto Bismol
 Ibuprofen Neosporin Calamine Lotion Comments: _____

This health history is correct so far as I know, and the person herein described has permission to engage in all camp activities except as noted.

Signature of parent or guardian _____ Date: _____

PARENT RELEASE AUTHORIZATION

All campers being picked up at Camp Manitou-Lin or at designated bus stops must be signed out with camp staff. Please list all people your child may be released to, **INCLUDING** parents.

	<u>NAME</u>	<u>RELATIONSHIP</u>
1.	_____	_____
2.	_____	_____

GENERAL LIABILITY:

I understand that the YMCA of Greater Grand Rapids assumes no responsibility for injuries, which I or my child may sustain as a result of me or my child's physical condition or resulting from my or my child's participation in any activities, programs, exercise, or the use of any facility, equipment, or other activities organized or sponsored by the YMCA of Greater Grand Rapids & Affiliates. I expressly acknowledge that I assume risk for any and all injuries and illnesses that may result. In consideration of the privilege of joining, or using the YMCA, I hereby voluntarily release and discharge the YMCA of Greater Grand Rapids, its agents, servants, and employees from any and all claims for injury, death, loss or damage that I or my child may suffer. I understand the YMCA of Greater Grand Rapids is NOT responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

PHOTO RELEASE:

We love taking pictures of our guest enjoying their time at Camp Manitou-Lin. We often use these photos in our marketing and promotional efforts. By signing this waiver, you agree to give the YMCA of Greater Grand Rapids permission to use any media of me or my child at camp for purposes of promoting or interpreting YMCA Programs. If you'd prefer your photo not be used, please let us know in writing prior to your camp experience.

Signature of parent or guardian _____ Date: _____
(Circle appropriate title)

EQUINE LIABILITY RELEASE:

Please read the following agreement and liability release for horseback riding and or horse related activity at YMCA Camp Manitou-Lin before signing:

WARNING: Under the Michigan equine activity liability act, an equine professional is not liable for an injury to or the death of a participant in an equine activity resulting from an inherent risk of the equine activity.

▪ Activity Risk And Nature Of Camp Horses

As a guest at YMCA Camp Manitou-Lin, I, the undersigned, recognize that YMCA Camp Manitou-Lin is located in a rustic setting with natural and artificial hazards (including surface and subsurface conditions). The undersigned also understands that it is the propensity of an equine to behave in ways that may result in injury, loss, or death. Equines can act unpredictably to sounds, sudden movements, unfamiliar objects, persons, or other animals. It is also understood by the undersigned that there could be a collision with another equine, animal, person, or an object while riding on YMCA Camp Manitou-Lin premises.

▪ Rider Responsibility

The undersigned will be given basic riding instruction prior to riding, yet there is a potential for the participant to act or fail to act in a manner that could contribute to injury, loss, or death. I understand that by mounting a horse and by taking the reins that the rider is in primary control of the horse. The rider's safety largely depends on his/her ability to carry out simple instructions and his/her ability to remain balanced aboard the moving equine. For the comfort and safety of the horse and rider, a 200 lb weight limitation is in effect and is variable depending upon ambulatory status, range of motion, and the discretion of the Equestrian Director.

▪ Signer Statement Of Awareness

I/We, the undersigned, have read and do understand and agree to the foregoing agreement, warnings, waiver, and the assumption of risk. We assume the risk of injury from the above danger, and waive liability, if any, of YMCA Camp Manitou-Lin/YMCA of Greater Grand Rapids and its staff and volunteers.

Signature of parent or guardian _____ Date: _____
(Circle appropriate title)

EMERGENCY AUTHORIZATION

I hereby give permission to the medical personnel selected by the camp director to provide routine health care; to administer medications; to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for myself or my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the named person above.

Signature of parent or guardian _____ Date: _____
(Circle appropriate title)