



Group Exercise

Q: It is extremely rude when the yoga class comes into Zumba class when it is not finished.

A: I agree it is rude to have your class interrupted. I will talk to the other instructor and ask them to remind their classes to be respectful.

Q: Group Exercise room is very warm and humid. It gets hard to breathe!

A: We hopefully have taken care of this issue.

Q: Too many people in the cardio kick class, please offer more classes so that maybe there will be fewer in each class.

A: We are aware of this and will be working on the schedule for fall soon, thank you!

Q: Is there any way to add more early morning classes 5:10 am yoga or power flex?

A: We don't have the number base to add more classes at this time.

Q: Saturday 9:30 -10:30 Zumba class - very hard to hear the Zumba music with the basketballs bouncing during the class. Please consider closing off the part of the gym to basketball during the 1 hour class.

A: Thank you for the suggestion we will be revising classes soon, and it is only for a couple of more weeks. It has been great to see it in the gym and a lot of members have loved watching it.

Q: I feel that the group exercise classes have been shortened to our disadvantage. Restore our hour please!

A: We have shortened classes in order to keep more available to all the members. I'm sorry for any inconvenience this may cause you.

Q: Please offer more Zumba! I enjoy the daytime 9:30 time.

A: Thank you for the suggestion; we will be revising classes soon.

Q: Group Exercise – Instructors are doing a great job!

A: Thank you! We are blessed to have a variety of great instructors.