



PARENT GUIDE TO GLUTEN FREE OVERNIGHT CAMP 2010

YMCA Camp Manitou-Lin

A branch of the YMCA of Greater Grand Rapids

WELCOME

Thank you for enrolling your child in the Gluten Free Overnight Camp with the YMCA of Greater Grand Rapids. Here, at YMCA Camp Manitou-Lin, we truly believe there is no substitute for the camping experience, for the life skills we instill, the character values we develop, and for the meaningful friendships that we help campers build with each other. We recognize how important it is to provide a fun and educational summer opportunity for your child. In order to succeed, we need your help and cooperation with the guidelines on the following pages. This packet contains important information to help you and your camper to prepare for camp.



Best Wishes,

Adrienne Siphousky
Overnight Camp Director

Nicole VanZwoll
Camp Coordinator

REQUIRED FORMS

Please take the time to fill out the required forms carefully and return them to the Camp Office **at least 2 weeks prior to your child's camp session**. These can be found at the end of this information- These forms are to ensure that your child has a safe, fun week at camp. We encourage you to make a photocopy of each form for your own records and to bring these extra forms with you guaranteeing that your check-in runs as smoothly as possible. Campers cannot be admitted without completed paperwork. If your child is attending more than one session of camp, you need to only fill out one set of forms. Forms are also available on-line at www.campmanitou-lin.org.

- Confidentiality, Health and Release Form - Campers will not be accepted at camp without a fully completed and signed health form. This form provides important medical information. NOTE: It is the responsibility of the camper's parent/guardian to provide for the camper's own accident and health coverage while participating in activities with YMCA Camp Manitou-Lin. This information will help our staff provide better programs and supervision for your child. All information is CONFIDENTIAL. Please be as specific as possible. You know your child best and your answers will help us provide the best possible experience. The release form is used to authorize specific individuals INCLUDING PARENT/GUARDIANS to pick-up your child from camp. A camper physical is required within 24 months of attending camp.
- Allergy and Medication Log - This form provides important medical information.
- Liability Release Form- This must be filled out for all campers. This will also allow your camper to ride horses.

CAMP FEES

All camp fees MUST BE PAID no later than August 1st. If you register for camp after this date, the entire payment is due upon registration. If you have a balance due 2 weeks prior to the week of your registered start date, your camper may be pulled from the roster. Please include the campers name, camp program and session number on your check. If not otherwise indicated, credit cards will be billed for the entire camp fee. Mail fees to:

Michigan Capital Celiac/DH Group
Celiac Camp
PO Box 23222
Lansing, MI 48909

If you have any questions about payment or registration, please email glutenfreemichigankidscamp@yahoo.com or call 517-505-1143 or 517-349-0294



PREPARING FOR CAMP

Happy Campers

There is no formula for when a child is ready for the Overnight Camp or Teen Overnight Camp experience, but the following can act as a guide to communicating with your child about different aspects of camp. However, the number one characteristic of a Happy Camper at YMCA Camp Manitou-Lin is that the camper wants to be at camp.

Visit Camp Early

Many children fare better at camp if they are able to see where they plan to spend a week during their summer. Consider taking a trip to camp during one of our Spring Open Houses. Better yet, come to Memorial Day Family Camp, Labor Day Family Camp or a Spring weekend listed on our website.

Camper Expectations

Developing realistic expectations about camp is important. Parent/guardians can sometimes over-glamorize the camp experience. Obviously, going away to camp will be wholly worthwhile, but it is important to make sure your child understands it may not be fun every minute – there may be problems to solve, cabins to keep tidy, tables to set and new skills to develop. This is all part of the camp experience – and those rainy days can be the most memorable of all.

Friends, Fun, Learning and Adventure

Sharing and group work are an integral part of the Overnight Camp and Teen Overnight Camp programs. For example, in the mornings during cabin activities, canoeing, and group games campers are given opportunities for leadership among their peers and for challenging themselves. Camp is physically active, with long days; participating fully is important and expected at camp.

Religious Emphasis

The YMCA of Greater Grand Rapid's mission is to put Christian principles into practice through programs that build a healthy spirit, mind, and body for all. Here at camp, daily chapel, thoughts for the day, graces, and nightly vespers emphasize Christian principles and practices through the YMCA's core values of Caring, Honesty, Respect and Responsibility. Our entire camp family is expected to promote themselves in such a way as to role model these values. We welcome and celebrate all religious affiliations and denominations.

Behavioral Expectations

Campers are expected to behave in the safe, Caring, Honest, Respectful, and Responsible manner modeled by our staff. Parents will be contacted if camper behavior is not acceptable and parents will be informed about the steps that are being taken to improve the behavior. Failure to abide by Manitou-Lin's rules and guidelines can result in dismissal from camp. No refunds are given if a child leaves early because of homesickness or for disruptive behavior as determined by the Camp Director.

Homesickness

Occasionally a camper becomes homesick. Our staff are prepared and trained to respond to homesickness. This can be overcome and will help the camper in developing independence and increased self-respect. Should it be in the best interest of the camper, the Camp Director will contact the parent/guardian.

Allergies

Please be sure to carefully communicate any food and other allergies that your camper may have. These should be listed on the Allergy and Medication Log. Our staff team is committed providing the best possible experience for all who visit Manitou-Lin.

Special Days

We love to celebrate! Let us know if your camper has a birthday at camp and we'll snap a picture of them in the "Birthday Chair" and post it so you can share in their special day.



to

Camp Store and Photograph Ordering

Parent/guardians have the option of depositing money into the Camp Store during check-in. Campers should not have any cash in their possession. Most parent/guardians deposit between \$25 and \$40, which can be used for Manitou-Lin T-shirts, shirts, hats, toothbrushes, juice, snacks, and other items. Camp and cabin photos may also be ordered on the first day of camp for \$4 and will be ready for pick-up on the last day of camp.

THE FIRST DAY OF CAMP

Transportation

Parent/guardians are expected to provide transportation to and from YMCA Camp Manitou-Lin. Accurate driving directions are available on our website and are included in this packet for your convenience.

*Arrival Days * (see below for arrangements for Mini Camps)*

Check-in for Overnight Camp and Teen Overnight Camp is on Sundays from 2:00 – 3:00 PM. Please pull in through the main entrance marked Cheff Lodge YMCA Camp Manitou-Lin. Upon arrival, someone will greet you at the gate and give you detailed instructions as to the check-in procedure. If you arrive late due to unforeseen circumstance, please check-in at the Camp Store located in Cheff Lodge. Thanks in advance for your cooperation.

Cabin Assignments

We make every effort to place campers with requested cabin-mates. We have learned from experience that placing three or more requested campers together tends to negatively impact cabin dynamics. Therefore, campers may mutually request one (1) person of the same age on their Summer Registration Form. Both campers must list the other as their cabin mate to insure the pairing. Our policy is to place the older camper with the younger camper. Please help us ensure that *all* campers have a great time at camp. Requests made at the time of check-in are difficult to honor.

Check-in

Please bring all forms and paperwork with you if it has not been mailed before beginning of your session. All paperwork and payments should be mailed to camp **at least 2 weeks prior to your child's camp session.**

1. Register at the corresponding table to sign in, meet our staff and get your camper's cabin assignment.
2. See the Health Officer in Cheff Lodge if you have medication or if you have any special needs/concerns. All medication - prescription and Over-the-Counter - must be turned into the Health Officer in the lodge.
3. Visit the Camp Store in Cheff Lodge to deposit money and to order a photo of your cabin. Campers may not have cash in their possession. The Camp Store will also be open on the last day of camp.
4. Grab your gear and proceed to your assigned cabin with your camper where you will be greeted and welcomed by their counselor (s) and fellow cabin mates. Wagons are available for your convenience.
5. You are invited to one of our Optional Parent Orientations at 2:15 or 2:45pm. We will meet at the flag pole in front of the lodge.
6. Parent/guardians are urged to leave shortly thereafter, so that campers can become actively involved in the camp program right away! If you suspect that your child may become homesick, don't delay your departure from camp - he/she will be in good hands. We kindly request that parent/guardians leave camp prior to our camper orientation sessions, which begin at 3:15. Have a GREAT week!

Optional Parent Orientation

Camp Programs Directors will hold general Camp Orientations for parent/guardians at 2:15pm and 2:45pm. Please meet by the large Flag Pole in front of Cheff Lodge. These orientations include some history of YMCA Camp Manitou-Lin, information about the upcoming session, review of the Opening Day schedule and an opportunity for any last minute questions or concerns. We look forward to meeting you!

THE LAST DAY OF CAMP

Check-out/Closing Day

Camp sessions finish on Friday evening.

Closing Ceremony

The last day of camp is a busy day. Campers end their session with our traditional Closing Ceremony in Gates Chapel starting at 5:00 pm. You are invited to watch this program. Immediately following this ceremony there will be a picnic at Cheff Lodge for campers and their families.

Camper Sign-out, Parent Shows and Cook-Out Dinner

Camper sign-out begins immediately following our Parent Show that runs from 5:00-6:00pm. Please make sure that the adult picking up your camper is listed on the Confidentiality, Health and Release Form. Only those listed INCLUDING PARENT/GUARDIANS will be allowed to sign-out campers. **Anyone picking up a child from camp must present photo ID.** Campers must be signed out with their counselor immediately following the parent show. Once you have checked out your camper and loaded their belongings, please join us for a cookout dinner, or you may let your child show you camp and share their experience. Food is available until 6:30pm. Before departing please stop by the Camp Store to claim any unspent money, and visit the Camp Nurse if there are medications that must be collected.

Camp Store

Any money not claimed at the end of the session will be donated to our annual Strong Kids Campaign, which aids in sending children to camp at a reduced cost.

Medication

Our Camp Nurse will be in the Chapel during our Closing Ceremony and following that in the Lodge for medication retrieval. Please also claim empty pill bottles. Our Camp Nurse will also be available for questions if you need assistance.

Lost and Found/Personal Property

The YMCA is not responsible for clothing and personal property brought from home.

Please label all clothing, towels, and personal items with a permanent marker. Please pack items with your camper before camp so that the camper recognizes what he/she has brought to camp. Our counselors make every effort to return lost and found items, but you can do more than anyone to insure nothing is lost. Please discuss the child's responsibility in keeping track of their personal items. Be especially thorough on check out day as sometimes an entire bag is left. Please check your child's cabin and the lost and found box located on the north end of the lodge on closing day. If you discover something is missing upon your return home, please call as soon as possible. Camp is not responsible for lost items.

Unclaimed lost and found property will be kept for one week and then donated to various local charities.

Early Departure

If you need to pick up your child earlier than 5:00pm, arrangements must be made with the Camp Director prior to the last day of camp as campers will be involved in important activities throughout the day.

WHILE AT CAMP

Sending something to a camper?

There are multiple ways that you can contact your camper while they are at Manitou-lin. You can send mail by US Mail or drop off mail for the whole week on Check-In day. You can also send faxes to the office or e-mails through Bunk1.com. Care packages are welcomed, but please refrain from sending food as it invites wildlife into your camper's cabin. Care packages to share with the whole cabin, including theme-related decorations, glow sticks, books or games are a great way to create a memory for your camper.

Please include camper's name, session and cabin on all items sent to camp to ensure prompt delivery. **All e-mail, faxes, and USPS mail must arrive at camp by 10:45 AM for delivery on that day.** We encourage campers to write at least one letter home each week. Do not be alarmed if these letters are brief and irregular, as the campers are busy at camp and "no news is good news" as far as campers are concerned.

Address mail to your camper as follows:

Camper Name, **session number, cabin name**
YMCA Camp Manitou-Lin
1095 North Briggs Rd
Middleville, MI 49333



Fax: 1-269-795-1629; a fax cover sheet is available during check-in and on our website.

E-mail: Log on to Bunk1.com to send emails to your camper. There is no charge to send plain text messages. If you choose to send pictures or designs with the email, there may be a charge.

Photos: View photos of camp activities on Bunk1.com. Photos will be uploaded multiple times during the session.

Emergency Communication

In case of medical or family emergency, contact YMCA Camp Manitou-Lin at 1-888-909-2267. After office hours, our voice mail system will give you an emergency cell phone option. Please follow these instructions. In the event of an emergency, visits by parent/guardians are allowed after contact with the Overnight Camp Director.

Visiting Days

Part of the magic of camp is making great friends while being away from home. Please take the opportunity to meet staff, tour camp and talk with the Camp Director at one of our Spring Open Houses, and on the first day of camp during our Optional Parent Orientation. We ask that there be no visits to campers during sessions, as we are very busy and involved with activities. Moreover, campers only have a short time to be at camp. Thanks in advance for your cooperation.



Telephone Contact

Parent/guardians may contact the Overnight Camp Director, Adrienne Sipkovsky at any time to discuss their child's experience at 1-888-909-2267. Our experience is that telephone conversations with friends or family from home tend to exacerbate homesickness. Therefore, campers do not have access to a telephone. In the event that a child requests to call home, permission to do so is granted by the Camp Director after staff makes advance contact with the parent/guardian to discuss the situation.

Health Care

Safety is something we take very seriously at Manitou-Lin. A Camp Nurse is in residence at our Infirmary, and our camp physician is on call 24 hours a day. In case of emergency, Pennock Hospital is only 12 minutes away and accepts our campers as patients. Emergency transportation is readily available. As indicated on the Summer Registration Form, the YMCA is authorized to secure emergency medical treatment. It is the responsibility of the camper's parent/guardian to provide for the camper's own accident and health coverage while participating in activities with YMCA Camp Manitou-Lin. Should any serious accident or illness occur at camp, prudent attempts will be made to contact parents/guardians immediately. We reserve the right to send a child home if our Camp Nurse or physician so advises.

Cell Phones* PLEASE READ*

Camp Manitou-Lin has a "no-cell phone" policy at camp. Not only are cell phones expensive to replace when they are lost or damaged at camp but cell phones also interfere with your camper becoming more independent. We understand that parents take a leap of faith when you send your children to spend time away from home. Unfortunately, when well-intentioned parents send a cell phone to camp 'just in case' the camper needs to call home, the message is, "We love you but don't trust that you are ready to solve challenges on your own." Having a cell phone also prevents our counselors and staff from addressing problems that might arise and using that experience to help your child grow.

We agree to tell you if your child is experiencing a challenge in their adjustment to camp. You can help by talking to your child before they leave for camp and telling them that there is always someone they can reach out to, whether it be their counselor, a camp specialist, the camp nurse or the Camp Director. Cell phones brought to camp will be kept in a locked office and returned to the parent at checkout.

Please express your trust in our counseling staff and in your own child by insisting that cell phones stay at home.

AFTER CAMP

Your kids, our staff after camp

Our pledge is to put your children in the company of the most trustworthy and capable young adults we can hire—counselors who are well suited to the task of caring for campers. The effort we put into screening and selecting our staff is part of that pledge. Our staff work with your children in the context of a visible, well-scrutinized environment that has many built-in checks and balances. Counselors are supervised by senior staff guided by clear, firm policies regarding behavior. Their actions are also visible to co-workers and campers. By hiring them we do not recommend them as babysitters, nannies, or child companions outside of camp. *In general, we discourage our staff from having contact with your children after camp since we cannot supervise their actions outside of camp programs. We hire our staff for the camp season. We do not take responsibility for their behavior off season.* As a parent you are, of course, free to make your own choice in this matter. While we cannot keep you from allowing your child to visit one of our staff members, in so doing you take full responsibility. We also know many children exchange contact information (e.g. email address, profile name, cell phone numbers) with counselors without our or your specific awareness or permission. *We recommend that you as the parent supervise your child's online activities just as you do other aspects of their life in your home, and oversee any off-season contact between staff members and your child. You take full responsibility to oversee any contact that results.*



Reminder:

Please remember to print out Health Forms to send back to camp OR fill them out electronically at www.campmanitou-lin.org This is very important for us to best serve your child.

WHAT TO BRING

Camper Medication

Upon arrival at camp, all medications - **both prescription and nonprescription** - will be collected. The Camp Nurse will administer all prescribed medications; prescription medications can only be administered according to the directions on the label. The state requires that all medications be in its *original* bottle. Though convenient, we are not authorized to dispense medication out of 7-Day Pill Containers. Please send only medications that your child takes on a regular basis. We have basic non-prescription medication (Pepto, Tylenol, etc.) available at the Infirmary. To help out, put your child's medications in a zip-lock bag. On the front of the bag, write your child's name and session number in permanent marker. Prescribed medication must be clearly marked with:

- Child's name
- Directions for administration
- Name of medication
- Name and phone number of physician

Asthma inhalers and bee sting kits.

If your child requires one of these, they are able to keep one with them. However, if they use them, they need to report to their counselor and/or Infirmary *immediately*. It is *highly* recommended that you send a second one that can be kept at the Infirmary as a backup. For bee sting reactions, an epi-pen is encouraged over a traditional kit.

Clothing and Equipment

Be aware that camp is hard on clothing and equipment due to uneven trails, weather, and very active days. We recommend against bringing new and/or expensive clothing, luggage, or other items. We also advise that both you and your camper pack together – it better ensures your camper knows what they have and increases the likelihood that it will return home with them. Campers should have enough clothing to last the duration of their stay. Campers should bring clothing that can get wet and dirty without concern. Clothing should be appropriate for a Christian environment, without slogans or pictures that are in poor taste, inappropriate, or immodest. All personal belongings (clothes, luggage, sleeping bags) should be plainly and **BOLDLY** marked for easy identification and are ultimately the responsibility of the camper. When you are packing for camp, please keep in mind that storage space is limited. **Unclaimed lost and found property will be kept for one week and then donated to various local charities.**

Please bring:

- Sleeping bag or blankets with stuff sack or plastic bag
- Small pillow
- Laundry bag/pillow case
- 1-2 Towels & 1 Washcloth
- Shampoo & soap
- Toothbrush & toothpaste
- Deodorant
- Comb or brush
- Waterproof coat or rain poncho
- Warm jacket
- Sweatshirt
- Long sleeve shirt
- Pajamas or other sleeping clothes
- Underwear & socks for EVERYDAY plus 2 extra
- T-shirt for EVERYDAY
- Shorts
- 2 pairs of Long Pants (horseback riding requires long pants)
- 2 pairs of Shoes
- Sandals with straps (ie. Tevas or Crocs)
- Swimming Suit (1-piece is suggested)
- Water bottle
- Sunscreen
- Chapstick
- Flashlight
- Prescribed Medications

Optional:

- T-shirt or other clothing item for tie dying
- Camera and Film; we recommend disposable cameras with the camper's name written in permanent marker
- Stationary, pre-addressed envelopes & stamps
- Journal
- Book
- Travel games

Please do not bring:

- Pocketknives, weapons or hazardous materials
- Matches or fireworks
- Trading/Playing cards
- Candy, pop, or food
- Cash
- MP3 Players
- Cell phones

©YMCA Camp Manitou-Lin is proud to be a Tech-free camp. Please help us by making sure that your camper does not have any electronic equipment, cell phones, electronic games or personal music players in their possession. Thanks for your cooperation.

YMCA Camp Manitou-Lin
Directions

From Grand Rapids:

- Take M-37 (East Beltline/Broadmoor) south through Caledonia
- Approximately 5 miles past Caledonia follow Cherry Valley to the right
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Road
- Camp is on the right 3/4 of a mile down Briggs Road

From US-131:

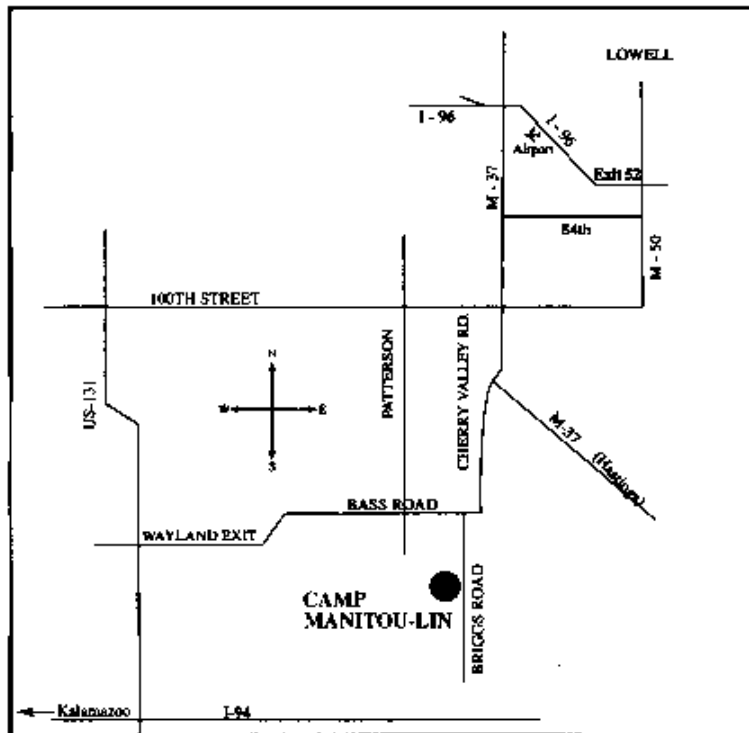
- Take US-131 South to Wayland Exit (exit #64)
- Go left (East) 8 miles and turn right on Briggs Road
- Camp is on the right 3/4 of a mile down Briggs Road

From Lansing:

- Take us-96 West towards Grand Rapids
- Take US-6 West (use exit #46) towards M-37
- Take the Kentwood exit (exit #15) and turn left on M-37 (South)
- Take M-37 South through Caledonia
- Approximately 5 miles past Caledonia follow Cherry Valley to the right
- Approximately another 5 miles, after a sharp right curve, immediately turn left on Briggs Road
- Camp is on the right 3/4 of a mile down Briggs Road

From Detroit:

- Take I-94 West to Kalamazoo
- Turn right and take US-131 North towards Grand Rapids
- Take exit #64
- Go right (East) 8 miles and turn right on Briggs Road
- Camp is on the right 3/4 of a mile down Briggs Road



Camper's Name: _____ Camper's Age _____

Any specific activities to be encouraged or limited by physician's advice: _____

Dietary restrictions/concerns: Does not eat red meat Does not eat poultry Does not eat pork Does not eat eggs Does not eat dairy
 Picky eater Other: _____

Allergic to or have strong dislikes for certain foods: _____

Camper's ethnic/ racial background: (Optional) White African American Hispanic or Latino Asian/Pacific Island
 Native American Multi-racial Other: _____

EMERGENCY CONTACT INFORMATION including Parent/Guardian(s)	
1 st Contact Name _____	Phone 1 _____
Relationship to camper: _____	Phone 2 _____
2 nd Contact Name _____	Phone 1 _____
Relationship to camper: _____	Phone 2 _____
3 rd Contact Name _____	Phone 1 _____
Relationship to camper: _____	Phone 2 _____

PARENT RELEASE AUTHORIZATION FORM

All campers being picked up from YMCA Camp Manitou-Lin or at a Day Camp bus stop, must be signed out with a camp staff member. Please list all people your camper may be released to INCLUDING parents and guardians. **Positive photo ID is required.**

NAME (including parent/guardian)	RELATIONSHIP
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

Date: _____
Signature of Parent/Guardian _____

My child may **NOT** be released to: _____

Date: _____
Signature of Parent/Guardian _____

TO BE SIGNED AT TIME OF PICK-UP FOR OVERNIGHT CAMPERS

Date: _____
Signature of Parent/Guardian _____

Camper's Name: _____ Camper's Age _____

YMCA Camp Manitou-Lin HEALTH HISTORY

Check – giving approximate dates

Frequent Ear Infections _____
Heart Defect/Disease _____
Convulsions/Seizures _____
Diabetes _____
Bleeding/Clotting Disorders _____
Hypertension _____
Mononucleosis _____

Diseases

Chicken Pox
 Measles
 German Measles
 Mumps
 Other: _____

Which vaccinations has the participant had?

Measles
 Chicken Pox
 German Measles
 Mumps
 Hepatitis A
 Hepatitis B
 Hepatitis C
 TB Mantoux Test/Date of

Date of last Tetanus Booster Shot: _____

last test: _____
Results: Positive Negative

Operations or serious injuries (dates): _____

Disability or chronic or recurring illness: _____

Other infectious diseases or details of above: _____

Name of family physician: _____ Phone: _____

Date of last physical examination (must have been within the last 24 months): _____

Family medical/hospital insurance carrier: _____ Policy or Group #: _____

(For female) Has this person menstruated? Yes No If no, has she been told about it? Yes N

MEDICATIONS BEING TAKEN

Please list ALL medications (including over-the-counter or non-prescription drugs) taken routinely. Bring enough medication to last the entire time at camp. Keep it in the original packaging/bottle that identifies the prescribing physician (if a prescription drug), the name of the medication, the dosage, and the frequency of administration. Attach additional pages for more medications.

Camper takes NO medications. Camper takes routine medications. Camper takes routine medication during the school year.

This person takes the following medications: (Please attach additional pages for more medications)

Med #1: _____ Dosage _____ Specific times taken each day _____
Reason for taking: _____

Med #2: _____ Dosage _____ Specific times taken each day _____
Reason for taking: _____

Identify any medications taken during the school year that participant does/may not take during the summer: _____

ALLERGIES (List all known)

Describe reaction and management of the reaction.

Medication Allergies

Food allergies

Other allergies

I authorize the following to be administered (or their generic equivalent) as needed:

Tylenol Chlorseptic Benadryl Cough Drops Pepto Bismol
 Ibuprofen Neosporin Calamine Lotion Comments: _____

Over please →

Camper's Name: _____ Camper's Age _____

GENERAL LIABILITY:

I understand that the YMCA of Greater Grand Rapids assumes no responsibility for injuries, which I or my child may sustain as a result of my or my child's physical condition or resulting from my or my child's participation in any activities, programs, exercise, or the use of any facility, equipment, or other activities organized or sponsored by the YMCA of Greater Grand Rapids & Affiliates. I expressly acknowledge that I assume risk for any and all injuries and illnesses that may result. In consideration of the privilege of joining, or using the YMCA, I hereby voluntarily release and discharge the YMCA of Greater Grand Rapids, its agents, servants, and employees from any and all claims for injury, death, loss or damage that I or my child may suffer. I understand the YMCA of Greater Grand Rapids is NOT responsible for personal property lost or stolen while members and/or program participants are using YMCA facilities or on YMCA premises.

PHOTO RELEASE: Please check the appropriate box:

- I grant my permission to the YMCA of Greater Grand Rapids & Affiliates to use without limitation or obligation, photographs, film footage, tape recordings, or other media that may include an image or voice of me or my child at camp for purposes of promoting or interpreting YMCA programs.
- I do not grant my permission to the YMCA of Greater Grand Rapids & Affiliates to use without limitation or obligation, photographs, film footage, tape recordings, or other media that may include an image or voice of me or my child at camp for purposes of promoting or interpreting YMCA programs.

Signature _____ Date _____
Self/Parent/Guardian (circle appropriate title)

EQUINE LIABILITY RELEASE:

Please read the following agreement and liability release for horseback riding and or horse related activity at YMCA Camp Manitou-Lin before signing:

WARNING: Under the Michigan equine activity liability act, an equine professional is not liable for an injury to or the death of a participant in an equine activity resulting from an inherent risk of the equine activity.

ACTIVITY RISK and NATURE OF CAMP HORSES

As a guest at YMCA Camp Manitou-Lin, I, the undersigned, recognize that YMCA Camp Manitou-Lin is located in a rustic setting with natural and artificial hazards (including surface and subsurface conditions). The undersigned also understands that it is the propensity of an equine to behave in ways that may result in injury, loss, or death. Equines can act unpredictably to sounds, sudden movements, unfamiliar objects, persons, or other animals. It is also understood by the undersigned that there could be a collision with another equine, animal, person, or an object while riding on YMCA Camp Manitou-Lin premises.

RIDER RESPONSIBILITY

The undersigned will be given basic riding instruction prior to riding, yet there is a potential for the participant to act or fail to act in a manner that could contribute to injury, loss, or death. I understand that by mounting a horse and by taking the reins that the rider is in primary control of the horse. The rider's safety largely depends on his/her ability to carry out simple instructions and his/her ability to remain balanced aboard the moving equine

SIGNER STATEMENT OF AWARENESS

I/We, the undersigned, have read and do understand and agree to the foregoing agreement, warnings, waiver, and the assumption of risk. We assume the risk of injury from the above danger, and waive liability, if any, of YMCA Camp Manitou-Lin/YMCA of Greater Grand Rapids and its staff and volunteers.

Signature _____ Date _____
Self/Parent/Guardian (circle appropriate title)

EMERGENCY AUTHORIZATION

I hereby give permission to the medical personnel selected by the camp director to provide routine health care; to administer medications; to order X-rays, routine tests, treatment; to release any records necessary for insurance purposes; and to provide or arrange necessary related transportation for myself or my child. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to secure and administer treatment, including hospitalization, for the named person above.

Signature _____ Date _____
Self/Parent/Guardian (circle appropriate title)

