

June 14 to July 25

SOUTHEAST YMCA
730 FOREST HILL SE, GRAND RAPIDS, MI 49546 • 616.285.9077
GYM SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
6:00							
6:30							
7:00							
7:30		Open Gym 05:30am - 10:00am					
8:00	Open Gym 05:30 - 11:00am		Open Gym 05:30 - 11:00am		Open Gym 05:30 - 11:00am		
8:30				Open Gym 05:30 - 12:00pm			
9:00							
9:30							
10:00							
10:30						Open Gym 06:00am-04:00pm	
11:00	Sport Instructional Classes 11-12p	Preschool Sports 10:00am - 01:00pm	Sport Instructional Classes 11-12p		Sport Instructional Classes 11-12p	Teen Center Hours: 12:00pm - 04:00pm	
11:30							
12:00	"NBA" Noon Basketball for Adults 12:00 - 01:30		"NBA" Noon Basketball for Adults 12:00 - 01:30	"NBA" Noon Basketball for Adults 12:00 - 01:30	"NBA" Noon Basketball for Adults 12:00 - 01:30		
12:30							
1:00							
1:30	Sport Instructional Classes 01:30pm - 02:30pm		Sport Instructional Classes 01:30pm - 02:30pm		Sport Instructional Classes 01:30pm - 02:30pm		
2:00							Open Gym 01:00pm-04:00pm
2:30		Open Gym 01:00pm-05:30pm					
3:00				Open Gym 01:00pm - 05:30pm			
3:30							
4:00							
4:30					Open Gym 02:30pm - 07:00pm		
5:00	Open Gym 02:30pm - 08:00pm		Open Gym 02:30pm - 08:00pm				
5:30		Preschool Sports 05:30pm - 07:15pm		Preschool Sports 05:30pm - 06 :15pm			
6:00							
6:30							
7:00							
7:30		Open Gym 07:15pm - 08:00pm		Open Gym 06:15pm - 08:00pm			
8:00							
8:30							