

# Wolverine World Wide Family

6555 JUPITER AVENUE, BELMONT, MICHIGAN • 49306-616-363-3000



North Gym  
August 2-  
August 21, 2010

## GYM SCHEDULE

### Gym Rules

- Ages 9 and under must be supervised by an adult at all times.
- Dunking or hanging on rims and nets is prohibited.
- Water in sealed plastic containers is permitted.
- Food and glass containers are prohibited.
- Basketball equipment can be checked out at the member service desk.
- Only appropriate non marking soft soled footwear is allowed.
- Socks and bare feet are prohibited.
- Please avoid contact with the court curtains.
- Games/organized activities may be declined depending on the volume of members present.

### Notes

#### Monday

|                       |                                   |
|-----------------------|-----------------------------------|
| 5:00am – 9:00am       | Open Gym                          |
| <b>9:00am-12:00pm</b> | <b>Basketball Camp (8/9-8/12)</b> |
| <b>12:00pm-1:30pm</b> | <b>Noon Hour Basketball</b>       |
| 1:30pm-6:00pm         | Open Gym                          |
| <b>6:00pm-6:45pm</b>  | <b>Sports Program</b>             |
| 6:45pm-9:30pm         | Open Gym                          |

#### Tuesday

|                       |                                   |
|-----------------------|-----------------------------------|
| 5:00am – 9:00am       | Open Gym                          |
| <b>9:00am-12:00pm</b> | <b>Basketball Camp (8/9-8/12)</b> |
| <b>12:00pm-1:30pm</b> | <b>Noon Hour Basketball</b>       |
| 1:30pm-5:00pm         | Open Gym                          |
| <b>5:00pm-5:45pm</b>  | <b>Sports Program</b>             |
| 5:45pm-9:30pm         | Open Gym                          |

#### Wednesday

|                       |                                   |
|-----------------------|-----------------------------------|
| 5:00am – 9:00am       | Open Gym                          |
| <b>9:00am-12:00pm</b> | <b>Basketball Camp (8/9-8/12)</b> |
| <b>12:00pm-1:30pm</b> | <b>Noon Hour Basketball</b>       |
| 1:30pm-6:00pm         | Open Gym                          |
| <b>6:00pm-6:45pm</b>  | <b>Sports Program</b>             |
| 6:45pm-9:30pm         | Open Gym                          |

#### Thursday

|                       |                                   |
|-----------------------|-----------------------------------|
| 5:00am – 9:00am       | Open Gym                          |
| <b>9:00am-12:00pm</b> | <b>Basketball Camp (8/9-8/12)</b> |
| <b>12:00pm-1:30pm</b> | <b>Noon Hour Basketball</b>       |
| 1:30pm-5:00pm         | Open Gym                          |
| <b>5:00pm-5:45pm</b>  | <b>Sports Program</b>             |
| 6:45pm-9:30pm         | Open Gym                          |

#### Friday

|                 |          |
|-----------------|----------|
| 5:00am – 9:30pm | Open Gym |
|-----------------|----------|

#### Saturday-

|               |          |
|---------------|----------|
| 7:00am-6:00pm | Open Gym |
|---------------|----------|

#### Sunday-

|                   |          |
|-------------------|----------|
| 12:00pm – 6:00 pm | Open Gym |
|-------------------|----------|



# Wolverine World Wide Family

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**South Gym  
August 2-  
August 21, 2010**

## GYM SCHEDULE

### Gym Rules

- Ages 9 and under must be supervised by an adult at all times.
- Dunking or hanging on rims and nets is prohibited.
- Water in sealed plastic containers is permitted.
- Food and glass containers are prohibited.
- Basketball equipment can be checked out at the member service desk.
- Only appropriate non marking soft soled footwear is allowed.
- Socks and bare feet are prohibited.
- Please avoid contact with the court curtains.
- Games/organized activities may be declined depending on the volume of members present.

### Notes

#### Monday

|                         |                             |
|-------------------------|-----------------------------|
| 5:00am-9:00am           | Open Gym                    |
| <b>9:00am – 10:00am</b> | <b>Extreme Fun Club</b>     |
| 10:00am-12:00pm         | Open Gym                    |
| <b>12:00pm – 1:30pm</b> | <b>Noon Hour Basketball</b> |
| 1:30pm - 9:30pm         | Open Gym                    |

#### Tuesday

|                         |                             |
|-------------------------|-----------------------------|
| 5:00am-9:00am           | Open Gym                    |
| <b>9:00am – 10:00am</b> | <b>Extreme Fun Club</b>     |
| 10:00am-12:00pm         | Open Gym                    |
| <b>12:00pm – 1:30pm</b> | <b>Noon Hour Basketball</b> |
| 1:30pm - 9:30pm         | Open Gym                    |

#### Wednesday

|                         |                             |
|-------------------------|-----------------------------|
| 5:00am-9:00am           | Open Gym                    |
| <b>9:00am – 10:00am</b> | <b>Extreme Fun Club</b>     |
| 10:00am-12:00pm         | Open Gym                    |
| <b>12:00pm – 1:30pm</b> | <b>Noon Hour Basketball</b> |
| 1:30pm - 9:30pm         | Open Gym                    |

#### Thursday

|                         |                             |
|-------------------------|-----------------------------|
| 5:00am-9:00am           | Open Gym                    |
| <b>9:00am – 10:00am</b> | <b>Extreme Fun Club</b>     |
| 10:00am-12:00pm         | Open Gym                    |
| <b>12:00pm – 1:30pm</b> | <b>Noon Hour Basketball</b> |
| 1:30pm - 9:30pm         | Open Gym                    |

#### Friday

|                         |                             |
|-------------------------|-----------------------------|
| 5:00am-9:00am           | Open Gym                    |
| <b>9:00am – 10:00am</b> | <b>Extreme Fun Club</b>     |
| 10:00am-12:00pm         | Open Gym                    |
| <b>12:00pm – 1:30pm</b> | <b>Noon Hour Basketball</b> |
| 1:30pm - 9:30pm         | Open Gym                    |

#### Saturday-

|               |          |
|---------------|----------|
| 7:00am-6:00pm | Open Gym |
|---------------|----------|

#### Sunday-

|                  |          |
|------------------|----------|
| 12:00pm – 6:00pm | Open Gym |
|------------------|----------|



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## GYM SCHEDULE

Family Gym  
August 2-  
August 21, 2010

### Fun Pass/Batting Cage Rules and Regulations

Ages 4 and up (Pitching machine use based on abilities).

Waivers must be signed by all non-members.

All equipment is provided by the YMCA except skateboards; participants can bring their own equipment if preferred. Helmets are required for skating and will be provided by the YMCA if necessary.

Cost of the Fun Pass is \$5 for members and \$8 for non members. For this cost, participants can enjoy unlimited use of the batting cage, rock wall and skate park for the allotted time.

Batting Cage tokens can be purchased at the front desk for \$1 for members and \$2 for non-members. The token will then be given to the batting cage instructor for 15 pitches in the cage. Tokens are not necessary if you have paid for the Fun Pass.

Nick Brouwer  
Sports Director  
616-855-1445.

#### Monday

5:00am – 9:30pm

Open Gym

#### Tuesday

5:00 am – 9:30pm

Open Gym

#### Wednesday

5:00 am – 9:30pm

Open Gym

#### Thursday

5:00 am – 9:30 pm

Open Gym

#### Friday

5:00 am – 3:00pm

**5:00pm – 8:00pm**

8:00pm – 9:30pm

Open Gym

**Fun Pass**

Open Gym

#### Saturday

7:00am - 12:00pm

**12:00pm – 3:00pm**

3:00pm – 6:00pm

Open Gym

**Fun Pass**

Open Gym

#### Sunday

12:00pm – 6:00pm

Open Gym



# Wolverine World Wide Family

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Rock Wall  
August 2-  
August 21, 2010

## GYM SCHEDULE

### Monday

5:00pm – 8:00 pm

Open Climb

### Tuesday

5:00pm – 8:00pm

Open Climb

### Wednesday

Closed

### Thursday

Closed

### Friday

5:00 pm – 8:00 pm

Open climb/ Fun Pass

### Saturday

12:00-3:00pm

Open climb/ Fun Pass

### Sunday

Closed

[gymca.org](http://gymca.org)



We build strong kids,  
strong families,  
strong communities.