



# STAY HEALTHY — THIS — FLU SEASON

## Get your Flu Shot at the Y

**DAVID D. HUNTING YMCA**

Wednesday, September 26 | 8:00 am - Noon

**Spectrum Health is offering flu vaccinations that are open to Y members & Y employees and their families.**

### **NO APPOINTMENT NECESSARY!**

- All shots will be dispensed on a first come, first served basis.
- Insurance cards will be required for billing purposes.
- [spectrumhealth.org/flu](https://spectrumhealth.org/flu)

**YMCA OF GREATER GRAND RAPIDS**  
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Grand Rapids, MI 49504  
616.855.9600 • [grymca.org](https://grymca.org)