



Every Friday, in the month of November, you can share the Y with your friends and family.

Exercise. Swim. Yoga. Run. Lift. Cycle. Zumba.

Join in November, and we will waive the join fee & you will receive the Member Referral discount.

VISITOR PASS DETAILS:

- *You must be 18 years old or older with photo id
- *Visitor pass paperwork is required: all membership policies & codes of conduct apply
- *Valid for one adult or family per visit
- *If your friend becomes a member, you and your friend will earn 10% OFF membership for as long as you both are members



grymca.org