

## Respite Weekends at YMCA Camp Manitou-Lin

What are the minimum requirements for Respite Camper?

In addition to being at least 18 years of age, campers in our Respite Weekends programs must meet the essential functions of a respite camper. Respite Campers must be:

- Able to use bathroom independently
- Able to dress and undress themselves
- Able to feed self
- Able to take care of personal hygiene needs with minimal caretaker assistance (including showering, brushing teeth, shaving, hair care, etc.)
- Able to move around without the use of crutches, walkers, or wheelchairs and with minimal caretaker assistance.
- Not afraid to be away from home
- Able and willing to follow simple directions
- Able and willing to participate in scheduled activities.
- Able to live and function in a group situation (1:3 care ratio)
- Able to refrain from harming self and others.

Our program is not designed to accommodate Respite Campers requiring 1:1 care. Our policy is that campers are never left unattended and our staff are not to be alone with a camper in a 1:1 situation.