



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BRINGING PEOPLE TOGETHER

RETREATS AND CONFERENCES
at YMCA CAMP MANITOU-LIN

WELCOME!

YMCA Camp Manitou-Lin allows you to discover the wonders of the outdoors through our values-based programs that emphasize caring, honesty, respect, responsibility, and inclusion. Come stay with us!

A great adventure awaits...

YMCA Camp Manitou-Lin is conveniently located just 35 minutes from downtown Grand Rapids and 40 minutes from downtown Kalamazoo. Our comfortable facilities include year-round lodging with indoor shower/bathroom facilities, a picturesque main lodge and dining hall, Willem's Discovery Center, climbing walls, zip line, high ropes courses, archery ranges, and much more.

As part of YMCA Camp Manitou-Lin's commitment to Youth Development, Healthy Living, and Social Responsibility, our camp staff works to incorporate the core values of Caring, Honesty, Respect, Responsibility and Inclusion into everything we do.

YMCA Camp Manitou-Lin is a year-round facility with dates available throughout the calendar year. Please contact us using the information below to reserve the dates that work best for you and your organization.

Whether you're looking for a unique outing for your youth group, a teambuilding adventure for your colleagues, or a complete camping experience, we can customize a program to fit your group's particular needs.

This informational booklet highlights just a few of the options and facilities available at YMCA Camp Manitou-Lin. To discuss your options further or begin your booking process, please contact Josh Wilson at jwilson@grymca.org or call us at 269-795-9163.



MEALS AND DINING

BE OUR GUEST!

Our modern kitchen and food service staff are here to make meal planning easy for you. In addition to your main entrée, each meal is accompanied by fresh fruit and/or a salad bar. Camp is able to provide anything from a casual lunch to a fine dining experience for weddings, corporate retreats, banquets, and more. Meals can be served “family style” at each table, or buffet-style for convenience.

Rental groups are also welcome to bring their own food that does not require preparation. Please note that, due to health code and licensing requirements, we are unable to allow use of our kitchen facilities by rental groups.

Dietary restrictions? Never fear! Individuals with special dietary needs may bring food to be stored and prepared by our kitchen staff. We are also able to accommodate various dietary restrictions within our regular meal offerings, including vegetarian and gluten-free options. Please contact us in advance to discuss any special dietary needs.

SNACKS

Fresh fruit and coffee or tea are available 24 hours a day in Cheff Lodge—help yourself! Snacks are available upon request, for an additional charge. Please contact us in advance to add snacks to your group’s menu. Snack options may include:

- Assorted Baked Cookies
- Cheese and Cracker Tray
- Fresh Fruit or Vegetables and Dip
- Soft Pretzels
- Oven-Roasted S’mores
- Tortilla Chips and Salsa



BREAKFAST

All continental or hot breakfasts include fresh fruit, assorted cereals, oatmeal, coffee, tea and juice. Breakfast options may include:

CONTINENTAL BREAKFAST: Assorted muffins, bagels with cream cheese, English muffins, yogurt.

HOT BREAKFAST: Biscuits and sausage gravy, breakfast burritos, scrambled eggs, French toast sticks or slices, pancakes, vegetarian breakfast casserole, hash browns, turkey sausage links or patties, bacon or ham.

LUNCH AND DINNER

All lunches and dinners are served with juice, tea, coffee, milk, and two sides. The salad bar and hot bar are also available. Side dishes are at the discretion of our Food Service Director and are chosen to best compliment your entrée. Lunch and dinner options may include:

- | | |
|--------------------------|--------------------------------------|
| Hot dogs/chili dogs | Hamburgers |
| Pizza | Grilled cheese |
| Chicken patty sandwiches | Meatball subs |
| Sloppy Joes | Spaghetti and meatballs |
| Corn dogs, | Chicken nuggets |
| Sub sandwiches | Baked chicken |
| Honey glazed ham | Roast turkey and stuffing |
| Tacos | Asian stir-fry with veggie egg rolls |
| Chicken fajitas | Fettuccine Alfredo |

DESSERTS

When served with a meal, dessert is chef’s choice. However, please let us know if there is something specific we can make for your group. A few of our favorite dessert options include:

- | | |
|------------------------|-----------------------------------|
| Churros | Brownies |
| S’mores bars | Cookies (sugar or chocolate chip) |
| Cake (various flavors) | Rice Krispy Treats |

FACILITIES AND LODGING

ON THE SHORES OF OLD LAKE BARLOW...

YMCA Camp Manitou-Lin's 160 acres include rolling hills, fields, woods, waterfront access on beautiful Barlow Lake, hiking trails, various program areas, cabins and meeting spaces. We encourage you to schedule a tour with a staff member to see firsthand what our beautiful and historic property has to offer.

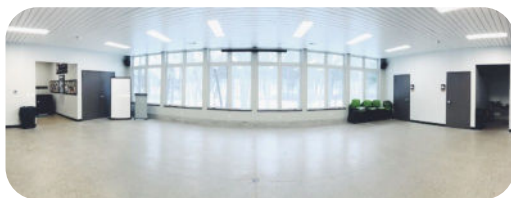
CHEFF LODGE

Cheff Lodge was dedicated in 1998 and remains the centerpiece of camp. Overlooking our beautiful waterfront and the lake beyond, its distinctive wraparound porch is home to our large collection of lazy rocking chairs. The building also features a cozy stone fireplace, an air-conditioned multipurpose room, an indoor high ropes course and climbing wall, our main dining hall (capacity 250), the Camp Store, an adjacent picnic area, and plenty of space for indoor activities.

WILLEM'S DISCOVERY PLACE

Dedicated in 2017, Willem's Discovery Place is the newest addition to YMCA Camp Manitou-Lin. It is comprised of a beautiful new 1,500 square foot nature center and wetland trail with covered teaching stations.

Willem's Discovery Place is named after Willem Radosevich, an avid fourth-generation camper at Manitou-Lin, who passed away in 2012 after a courageous eight-month battle with a rare autoimmune disorder. In honor of his spirit and zest for life, this nature center and trail are dedicated in his memory.



PROGRAM AREAS

We are proud to feature a variety of indoor and outdoor program areas, many of which can be utilized for multiple purposes. Our camp representatives are happy to discuss which spaces are perfect for the size and scope of your rental group.

- Gates Chapel
- Multi-level outdoor high ropes course
- Two outdoor climbing towers
- Two archery ranges
- Athletic courts and fields
- Wylie Arts and Crafts building
- Zip Line
- Hiking trails
- Pioneer Cabin
- Six fire circles
- Day Camp Pavilion
- Liesveld Pavilion

GUEST LODGING

Each cabin or lodge on our scenic, wooded property is just a short walk away from all of our main camp program areas, including Cheff Lodge and the waterfront. Each building features indoor restroom and shower facilities, and is equipped with heating and air conditioning.

YEAR-ROUND LODGING

Our year-round lodging accommodates up to 164 persons. These cabins and lodges are available for use at any time of year. Guests have their choice of two Quads (four cabins in one building) and two double cabins (two cabins in one building).

SOUTH QUAD

Walnut (12 beds)
Marigold (12 beds)
Spruce (12 beds)
Birch (12 beds)
+ 4 private rooms (16 beds total)

NORTH QUAD

Lupine (12 beds)
Dogwood (12 beds)
Fir (12 beds)
Cherry (12 beds)

DOUBLE CABINS

Oak (14 beds)
Sycamore (14 beds)

Aspen (12 beds)
Cedar (12 beds)

WARM WEATHER LODGING

Our "warm weather" lodging accommodates up to 245 persons. In addition to our year-round lodging, these standalone, single cabins are available from spring until fall. For your comfort, all of our warm weather lodging features newly renovated restroom facilities!

Coneflower (13 beds)
Ironwood (13 beds)
Hickory (14 beds)

Phlox (13 beds)
Maple (13 beds)
Sassafras (13 beds)



PROGRAMMING AND PRICING

THE FUN NEVER ENDS!

YMCA Camp Manitou-Lin's trained staff are ready to make your stay safe, enjoyable, and memorable. We are flexible, attentive, and ready to help your group achieve their goals. Let us facilitate icebreakers, teambuilding initiatives, games and songs, or adventure activities to make your experience a success!

DAYTIME PROGRAMMING

- Archery
- Zip Line
- Teambuilding Initiatives
- Hayrides
- Tie-Dye
- Scavenger Hunt
- Survival
- Petting Farm
- Sledding**
- Boating (kayak or canoe)**
- Trail Rides or Pony Rides**
- Rock Climbing
- Indoor or Outdoor High Ropes
- Low Ropes Teambuilding Course
- Large Group Games (indoor/outdoor)
- Arts and Crafts
- Outdoor Living Skills/Outdoor
- Fishing**
- Snowshoeing**
- Swimming**
- Broomball**

**These activities are seasonal and/or weather dependent.

EVENING PROGRAMMING

These programming options are a great way to engage and entertain your group members before they head back to their bunks. The options are endless... so talk to your YMCA Camp Manitou-Lin representative to learn about other games and programs that are also available!

- Campfire with songs and skits from Camp Staff
- Campfire with no programming from Camp Staff
- S'mores
- Capture the Fish
- Boof!
- Action Auction
- Stock Exchange
- Smugglers and Spies
- Night Hikes



PRICING

ROOM RENTALS

Our most basic option. These prices reflect a rental of 4 hours or less. Room rentals do not include any camp-led programming. One (1) hour of camp-led programming can be added for \$8 per participant.

- Blue Room (Wi-Fi available) \$250
- Cheff Lodge (Wi-Fi available) \$500
- Willem's Discovery Place (Wi-Fi available) \$250
- Day Camp Pavilion \$350
- South Quad Meeting Room \$100
- One cabin for the day \$200

CONFERENCE AND RETREAT PRICING—25 TO 74 GUESTS

These prices reflect our minimum group size of 25 people. If your group has fewer than 25 guests, please ask your camp representative for information on how to waive the minimum guest requirement. Our minimum group size ensures that programs are cost-effective for all.

	No programming	Camp-led programming
Half day (no meals)	N/A	\$18 per person
Full day (1 meal)	\$29 per person	\$38 per person
2 days, 1 night (2 meals)	\$58 per person	\$77 per person
3 days, 2 nights (4 meals)	\$99 per person	\$109 per person

CONFERENCE AND RETREAT PRICING—75+ GUESTS

	No programming	Camp-led programming
Half day (no meals)	N/A	\$17 per person
Full day (1 meal)	\$25 per person	\$36 per person
2 days, 1 night (2 meals)	\$49 per person	\$59 per person
3 days, 2 nights (4 meals)	\$85 per person	\$95 per person

ADD-ONS

These choices are available as add-ons to your booking, at an additional cost per participant. Meal prices are representative of standard menu items (see page 4). Please contact us to discuss pricing for upgraded meals for banquets, weddings, etc.

Horseback riding (1 hour)	\$14 per rider
Zip line	\$8 per participant
High Ropes	\$12 per participant
Breakfast or lunch	\$8 per participant
Dinner	\$10 per participant

CORPORATE RENTALS

BUILDING STRONG FOUNDATIONS

Whether you are seeking a venue for a conference or meeting, or planning a field day to reward your team for a job well done, YMCA Camp Manitou-Lin has the facilities, programming and staff to make your conference and retreat dreams a reality. We have worked with high schools, colleges, sports teams, non-profit organizations, small businesses and large corporations. Our facilitators can individualize your experience in order to maximize your desired outcomes.

MEETINGS AND CONFERENCES

Our facilities are perfect for hosting company picnics, corporate teambuilding retreats, annual awards banquets, and even state or regional industry conferences. We have multiple indoor and outdoor meeting spaces to take your event to the next level. Energize your staff and get your organization on the right track by holding your meeting or conference in one of our unique event spaces. Ask your camp representative which facilities will help your event shine!

- Cheff Lodge and Blue Room
- Willem's Discovery Place
- South Quad meeting room
- Day Camp Pavilion
- Gates Chapel
- Main Camp Fire Circle

Available amenities include:

- Public WiFi network
- Overhead projector
- TV/DVD equipment
- Integrated HDMI and auxiliary audio connections
- Wall-mounted or freestanding projection screens
- Flip charts or whiteboards and markers
- Sound system with microphone and auxiliary audio connection



CORPORATE TEAMBUILDING

Effective teamwork is integral for success in today's corporate culture. Come to Camp, have fun together, and learn more about communication, cooperation, and compassion! Our energetic and enthusiastic staff are able to facilitate a wide range of teambuilding initiatives and games, and can develop a completely personalized itinerary to meet your individual needs. This programming will help your organization to set goals and establish a greater sense of community.

High adventure programming (outdoor high ropes, indoor high ropes, or zip line) can be added to your schedule for an upgraded experience. We can also provide meeting spaces and custom programming for groups who need some time to cover their own orientation, training, or culture building information.

CORPORATE TEAMBUILDING PACKAGES

Traditional Teambuilding: Learn to become a more effective team, define your group goals, and create strategies to help achieve them. Our instructors will guide you through a series of teambuilding initiatives and debrief your group's performance after each activity.

Corporate Challenge: Set goals for individuals and for your organization, refresh the perspective of long-time employees, and welcome new employees with a bang! This package pairs well with new employee orientation sessions or annual company meetings.

Office Olympics: Take a break from the daily grind and make memories you'll remember for years. This program is designed for groups that want to get away to the woods and have fun together, while solving problems and challenges as a team.

These packages are just the beginning—contact your camp representative today to discuss what teambuilding activities will help your organization meet its goals.



LAND OF THE GREAT SPIRIT

At YMCA Camp Manitou-Lin, we strive to provide customer service that goes above and beyond, in an environment that is out of the ordinary. We invite you to get away with us for a day or weekend, and experience our unique brand of hospitality. With over 110 years of experience, we're excited to serve you. Come work and play with us on the scenic shores of Old Lake Barlow!

Booking Policies

Please see Appendix A for Policies and Conditions.

“We’re interested... What now?”

To get the planning process started, contact Josh Wilson at jwilson@grymca.org or by calling 269-205-9016. It is helpful to have the following information ready when you contact us:

- Number of guests attending your event
- Number of chaperones/coaches (for youth groups)
- Preferred arrival day and time
- Preferred departure day and time
- Desired camp-led activities (if applicable)
- Equipment needed (projectors, speakers, etc.)
- Special accommodations (dietary, accessibility, etc.)

After you speak with Josh Wilson and confirm a few details, a rental agreement (contract) will be written up and sent to your group’s organizer. Once you receive a contract from us, you have thirty (30) days to return it signed, along with the specified deposit, in order to reserve your spot on our calendar. If we don’t receive your signed contract and deposit within thirty (30) days, your desired date(s) and time(s) may be reserved by another rental group... so please don’t wait.

We require final participant numbers to be submitted no later than two (2) weeks prior to your event. This ensures that we have enough staff on hand for your event, and so that our Food Service Director will have adequate time to prepare for your arrival.

Suggested Packing List

Limit your luggage to one duffel or suitcase: Storage space in cabins is limited to the area under your bunk! Closed-toe shoes are required for participation in many activities, including horseback riding, high ropes, zip line, and rock climbing. Long pants and long sleeves are required for horseback riding.

- Twin size bedding + pillow OR sleeping bag
- Toiletries + towel + shower shoes
- Comfortable clothes for indoor and outdoor activities
- For groups riding horses: Long pants
- Comfortable closed-toe shoes that can get dirty
- Multiple layers + winter clothing (when applicable)
- Rain gear (when applicable)
- Snow boots or rain boots (when applicable)
- Sunscreen and/or bug spray
- PMA: positive mental attitude!
- Notebook + writing utensils (for conferences)
- Day pack or small backpack
- Cash or credit card for the Camp Store
- Water bottle + travel mug
- Flashlight or headlamp + spare batteries
- A SIGNED RELEASE WAIVER for each participant

Appendix A: Policies and Conditions

1. **YMCA Camp Manitou-Lin** agrees to provide administrative assistance, maintenance assistance, food and program services as agreed in advance in accordance with this contract.
2. **Supervision:** The user group shall provide a leader that is 21 years of age or older. The adult leader is completely responsible for the supervision, safety, and control of its participants, members and guests. Also, all groups must have one adult per each cabin group for nighttime supervision. We recommend following ACA and state supervision ratios. At least two adult leaders must be present at all times while group is in camp.
3. **Orientation:** The group leader is responsible for providing an orientation session with a camp staff member as well as being responsible to make sure that all group members follow all camp policies and procedures. At this time please also communicate an accurate count of adults and youth for billing purposes.
4. **Quiet Hours:** In consideration of our neighbors, guests and residents, quiet hours are from 11:00PM to 7:00AM.
5. **Dismissal:** It is understood and agreed by all parties that should the rental group fail to provide adequate leadership or abide by camp rules as outlined and communicated during orientation, the Camp Director may at their discretion terminate this agreement requiring the renting party to vacate camp, forfeiting all fees and monies agreed to herein.
6. **Medical Responsibility:** YMCA Camp Manitou-Lin advises having an adult attending with nationally recognized CPR and First Aid certification that is designated as the Health Officer. The Group is responsible for emergency transportation, medical insurance, administration, storage, and provision of all first aid supplies and medications, as well as treatment for injuries to its members. We advise that you create a list of the following information, useful in emergencies: names and addresses of all participants, emergency contact information; signed form for permission to seek emergency treatment, a completed health form including allergies, health conditions, restrictions, etc. It is extremely important that an Accident/Incident Report be completed if an accident or injury happens during your stay. YMCA camp staff will help you in the completion of this form.
7. **Food:** Food is not allowed in cabins due to animal/insect attraction and sanitary standards. If storage of snacks is required, space in the camp kitchen is available. Due to regulations, all meals are provided and cooked by camp staff.
8. **Program Areas:** YMCA Camp Manitou-Lin provides trained staff to lead adventure-based activities. These activities include, but are not limited to rock climbing, zip line, high ropes, archery, waterfront, etc. Use of any equipment or program areas of camp are only with staff permission. Camp Manitou-Lin staff shall have the right to prohibit any activity of the group which the YMCA determines or considers to be hazardous to the safety, life, property or is opposed to YMCA Camp Manitou-Lin's mission, vision and values.
9. **Equine Release Form:** All horseback participants must sign an Equestrian Release Form and wear long pants and closed toe shoes. A copy of the form is included with this agreement; please feel free to make copies.
10. **Facility Care:** Please adhere to arrival and departure times as noted in your rental agreement. To avoid charges, please make sure you follow the Check Out Procedure Guidelines posted in each cabin. Damage to facility will be assessed at replacement value and added to your invoice. Labor fees apply. The groups shall pay a \$35 cleaning fee per cabin/room/program area or \$35 per hour maintenance fee plus parts for misuse, damage, or littering of any of the facilities, buildings, structures, equipment, or grounds during the visit.
11. **Conservation:** Please close doors, windows, turn down heat and shut lights off when leaving cabins or buildings. YMCA Camp Manitou-Lin is proud to be mindful of natural resources. Ask us about our composting program.
12. **Emergency Procedures:** Emergency procedures will be explained during orientation to camp with a camp staff member.
13. **Personal Property:** Pets, firearms (including air rifles and archery equipment) and boats are not permitted to be brought to camp. Camp is not responsible for personal property or any items lost/stolen/damaged at camp. The Lost and Found Box is located on the east side of Cheff Lodge porch; please check this before departure. Unclaimed lost and found property is kept for one week and then donated to local charities. YMCA Camp Manitou-Lin is proud to be a tech-free zone. Please help us by making sure that your campers do not have any electronic equipment, electronic games, or personal music players in their possession.
14. **Tobacco/Alcohol:** The use of tobacco products and consumption of alcohol is strictly prohibited on camp property.
15. **Vehicles:** For the overall safety of all guests, we ask that cars remain parked in designated parking lots.
16. **Multiple Groups:** Camp often has multiple groups onsite. Please be mindful and respectful of others on camp.
17. **Media:** Camp reserves the right to take photos and video to use for publications, fliers and websites. If a Rental Group prefers camp not to do this, please notify Camp Director upon reservation. The Camp Director must approve all press releases, articles, publications and advertising that refer to YMCA Camp Manitou-Lin in writing in advance.

YMCA OF GREATER GRAND RAPIDS

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